

Supplementary Information for

Visualizing Side-chains of Invisible Protein Conformers by Solution NMR

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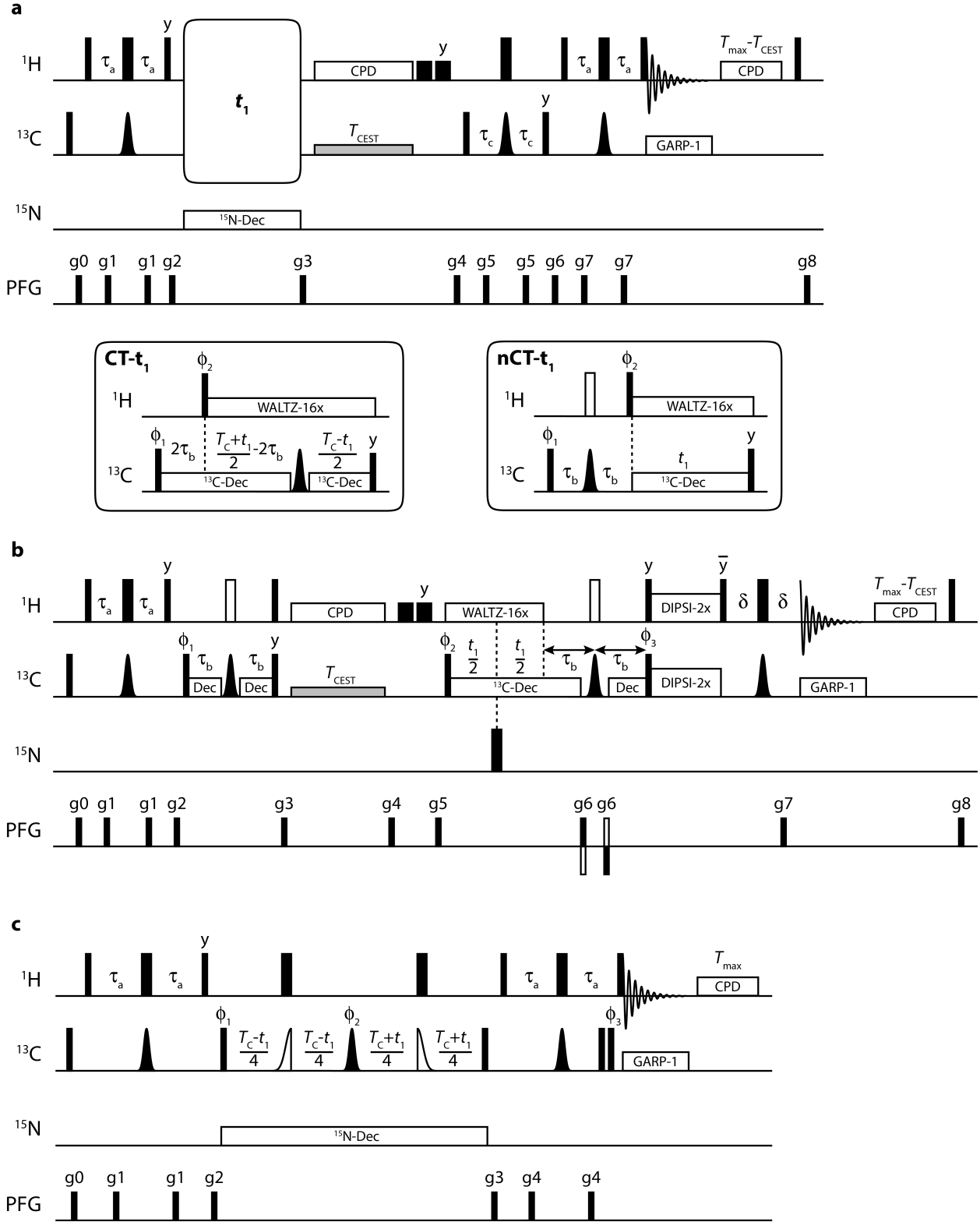
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Simulations to establish the robustness of CEST data. In order to understand the inherent limitations of the CEST experiment, in particular how the rate of chemical exchange influences extracted p_E and k_{ex} parameters as well as $\Delta\omega$ values, we have carried out a series of computations based on some of the experimental data sets that have been recorded and analyzed in the present study. The computations are based on a subset of residues of the Fyn SH3 domain, including Y10, L18, I28, K25, W36, T43, I50 and P51 (corresponding to 39 CEST profiles), with nucleus specific values of $^{13}\text{C } R_1$, $^{13}\text{C } R_2$, $\Delta\omega$ and uncertainties in I/I_0 (varying from 0.1 - 2.9%, depending on the nucleus) taken from experiment. A series of data sets have been simulated, with each data set comprising CEST profiles for each ^{13}C position of the residues listed above, using $p_E = 2.5\%$. The effects of one-bond ^{13}C - ^{13}C scalar couplings have also been included by simulating individual multiplet components and then adding all of the components to produce the profile. Noise has been added to each of the computed CEST profiles by assuming that the calculated uncertainties in I/I_0 values based on experiment define the standard deviation of a Gaussian distribution of the error in the data. A series of simulated data sets was constructed with k_{ex} chosen from $\{100 \text{ s}^{-1}, 400 \text{ s}^{-1}, 800 \text{ s}^{-1}, 1200 \text{ s}^{-1}\}$. Simulations of CEST profiles were performed assuming a two-site chemical exchange model with magnetization evolution described by the Bloch-McConnell equations¹. A value of $T_{CEST} = 250 \text{ ms}$ and a CEST B_1 field = 23 Hz have been used in the simulations, identical to those in the experiment recorded on the SH3 domain. Each of the simulated data sets was then fit in a manner analogous to the experimental data and the values of p_E , k_{ex} , $\Delta\omega$ tabulated. The process was repeated 500 times for each data set with noise added as described above. The distribution of p_E , k_{ex} values so obtained is plotted in Supplementary Figure 6a for $k_{ex} = 100 \text{ s}^{-1}$ (red), 400 s^{-1} (blue), 800 s^{-1} (green) and 1200 s^{-1} (purple). In addition, the

standard deviations between the extracted and input $\Delta\omega$ values, $\Delta\Delta\omega$, (corresponding to the errors in fitted $\Delta\omega$ values) are plotted in Supplementary Figure 6e separated into 4 classes of $\Delta\omega$ (according to < 1 ppm, 1ppm-2ppm, 2ppm-3ppm, 3ppm-4ppm) for each of the input k_{ex} values (color coded as for Supplementary Figure 6a). Thus, errors in extracted $\Delta\omega$ values within each of the four $\Delta\omega$ classes listed above can be read from the histogram, with red values corresponding to $k_{ex} = 100 \text{ s}^{-1}$, blue $k_{ex} = 400 \text{ s}^{-1}$, etc. These calculations have then been repeated by omitting all CEST profiles with $\Delta\omega > 3$ ppm to generate Figures 6b,f, eliminating data corresponding to $\Delta\omega > 2$ ppm to generate Figures 6c,g, and finally eliminating data corresponding to $\Delta\omega > 1$ ppm to produce Figures 6d,h. In this manner the sensitivity of the extracted parameters to the sizes of the chemical shift differences in the exchanging system can be evaluated.

It is important to emphasize that the results of Supplementary Figure 6 reflect the input signal to noise, distribution of $\Delta\omega$ values and p_E that have been used in the simulations and these will vary with each experimental system studied. It is not possible to simulate every situation here. Nevertheless, important trends emerge from this analysis that are likely general. First, Figure 6a shows that so long as the fitted data includes large $\Delta\omega$ values (*i.e.*, major and minor state dips are resolved; in this case $\Delta\omega$ is as large as 4 ppm), accurate values of p_E and k_{ex} can be fit from CEST profiles. The accuracy and precision remain quite high even as k_{ex} increases to 1200 s^{-1} (purple in Supplementary Figure 6a). Accurate values of p_E and k_{ex} are still obtained when profiles corresponding to $\Delta\omega > 3$ ppm are removed from data sets (Supplementary Information Figure 6b). A slight decrease in accuracy is observed once profiles with $\Delta\omega > 2$ ppm are removed, especially for $k_{ex} = 800 \text{ s}^{-1}$, 1200 s^{-1} (6c). Once $\Delta\omega$ values > 1 ppm are removed, exchange parameters become less well defined (6d), irrespective of k_{ex} . This is due to the fact that the minor

and major state dips are no longer resolved. Second, extracted chemical shift differences are, in general, robustly determined and often more so than p_E and k_{ex} values (especially when only small $\Delta\omega$ values are considered). Third in all cases, $\Delta\omega$ values are more accurately determined when k_{ex} is smallest since then the dips from the excited state are most narrow (note the trend of red, blue, green and purple in order of increasing $\Delta\Delta\omega$ in each of the $\Delta\omega$ classes, 6e-h). Fourth, in general, it is not possible to conclude that $\Delta\omega$ values become more accurately determined as $\Delta\omega$ increases. For example, for large $\Delta\omega$ values, for which separate dips corresponding to ground and excited states are observed, the determining factor is signal to noise that can vary significantly for different nuclei. As a final note, we have carried out the simulations described above using only a subset of the residues initially selected, and obtained the same general trends. Thus, the overall conclusions based on the computations are likely to be general, however the specific details will of course vary with each system considered.



Supplementary Figure 1. Pulse schemes for measurement of excited state aliphatic ^{13}C chemical shifts in uniformly ^{13}C labeled proteins. **(a)** ^{13}C CEST experiment for measuring all aliphatic side-chain ^{13}C chemical shifts in the excited state, including backbone $^{13}\text{C}^\alpha$ shifts of Gly and Ser (all other $^{13}\text{C}^\alpha$ shifts are obtained from scheme b). Shown in the insets are constant-time^{2;3} (CT- t_1) and non constant-time (nCT- t_1) versions of the experiment that are used for measurement of shifts of the residues indicated in Supplementary Table 1. ^1H and ^{13}C 90° (180°) rectangular RF pulses are shown as narrow (wide) black bars; $90_x180_y90_x$ composite pulses⁴ are indicated by white rectangles. The ^1H carrier is placed on the water signal for the duration of the experiment with the exception of the CEST period when it is centered in the proton region of interest (for example, ~ 1 ppm when ^{13}C methyl chemical shifts of the excited state are measured). In a similar manner the ^{13}C carrier is placed at 36 ppm, until the CEST interval when it is moved to the desired frequency. Subsequently, the carrier is returned to 36 ppm until acquisition when it is centered in the region to be decoupled. The ^{15}N carrier is positioned at 119 ppm with decoupling achieved over the bandwidths listed in Supplementary Table 1. All pulse phases are assumed to be x, unless indicated otherwise. ^1H and ^{13}C rectangular pulses are applied at the highest possible power level unless indicated otherwise. ^1H decoupling during the CEST interval is achieved using a $90_x240_y90_x$ scheme, as discussed previously⁵, using a 3 kHz field (at 14 T), while decoupling during t_1 evolution proceeds with a 5.5 kHz WALTZ-16 field⁶. Dephasing of water is partially achieved through the application of an x(2ms),y(3 ms) pulse pair immediately following the CEST interval using a 3 kHz field. Shaped ^{13}C pulses are applied using a REBURP profile⁷ centered at 40 ppm, with refocusing (inversion) over the complete aliphatic bandwidth. ^{13}C decoupling during t_1 is achieved using constant adiabaticity schemes^{8;9}. In the case of aliphatic ^{13}C decoupling a pair of fields are typically employed, swept in opposite directions and applied symmetrically about the region of interest so as to minimize artifacts^{10;11}. For example, when chemical shifts in the range 27.2-47.1 ppm are measured ('region of interest'), the decoupling field is centered at 145 ppm and swept upfield from 190 ppm to 100 ppm, with a second field centered at -73 ppm, and swept downfield from -118 ppm to -28 ppm. The first swept field decouples aromatics and carbonyls, while the second field compensates the first. Details are provided in Supplementary Table 1. ^{13}C decoupling during acquisition is achieved using a 2 kHz GARP-1 field (14 T)¹². During the CEST interval a ^{13}C B_1 field on the order of 15-50 Hz is

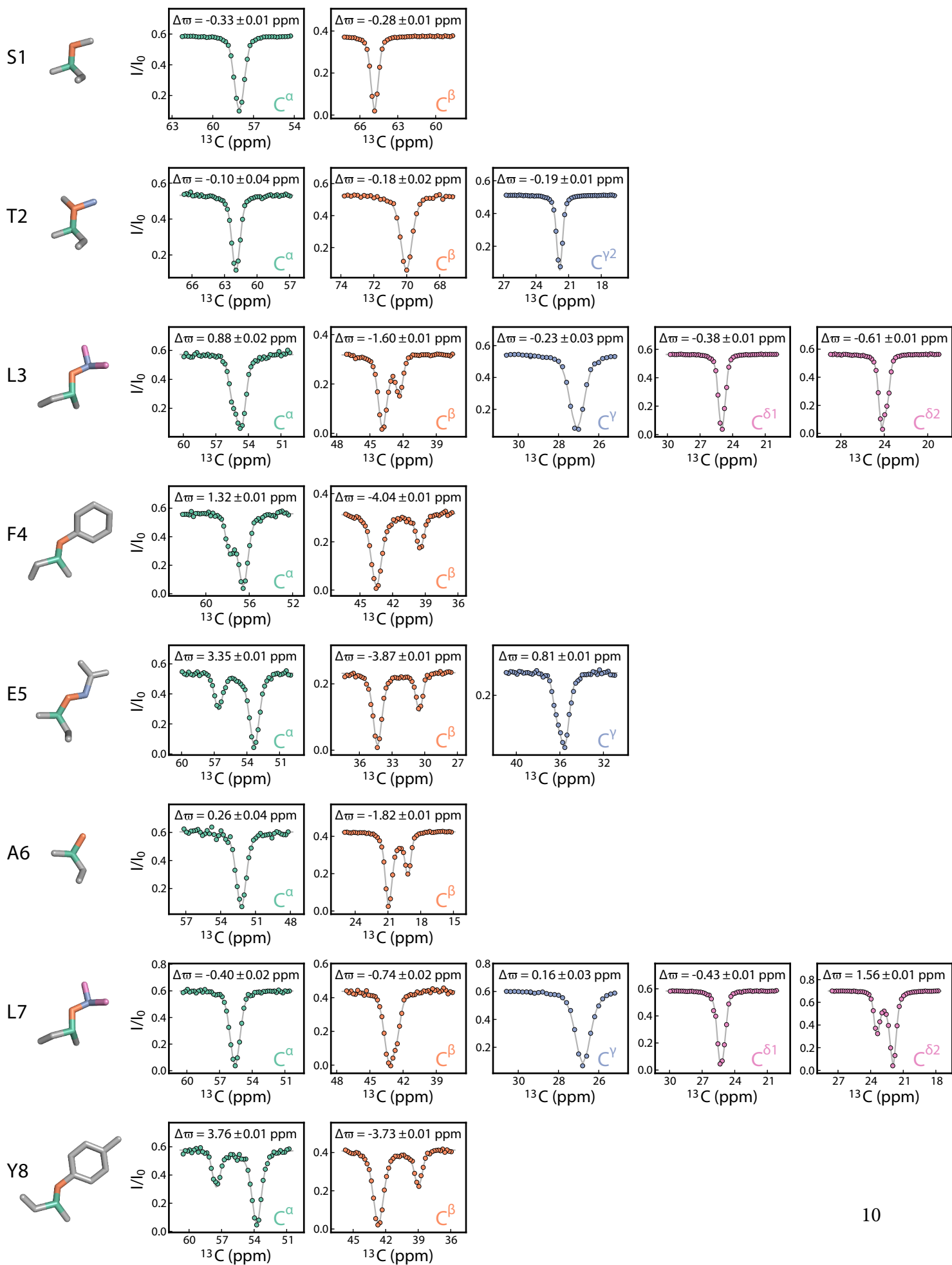
typically used. Delays used are: $\tau_a = 1.85$ ms; $\tau_b = \tau_c = 1.85$ ms (for AX spin systems), $\tau_b = \tau_c = 0.925$ ms (AX₂), $\tau_b = 1.217$ ms and $\tau_c = 0.784$ ms (AX₃), $T_C = 1/J_{CC} \sim 28$ ms. Values of T_{CEST} are typically between 200-700 ms. A ¹H decoupling block of length $T_{max} - T_{CEST}$ (where T_{max} is the maximum T_{CEST} delay used) is applied at the end of acquisition so that the extent of heating is constant over all measurements, including for the data set recorded with $T_{CEST} = 0$. The final ¹H 90° pulse ensures that ¹H magnetization relaxes back to equilibrium for the same time for $T_{CEST}=0, \neq 0$. A recycle delay of 1.5 was used between scans. The phase cycle is: $\phi 1=2(x), 2(-x)$, $\phi 2=y, -y$, $rec=2(x), 2(-x)$. Quadrature in F₁ is achieved via States-TPPI¹³ of $\phi 1$. Gradient strengths G/cm(length in ms) are: $g0=16(0.5)$, $g1=10(0.25)$, $g2=-25(1)$, $g3=-40(1)$, $g4=30(0.5)$, $g5=20(0.2)$, $g6=20(0.8)$, $g7=-36(0.3)$, $g8=16(0.25)$.

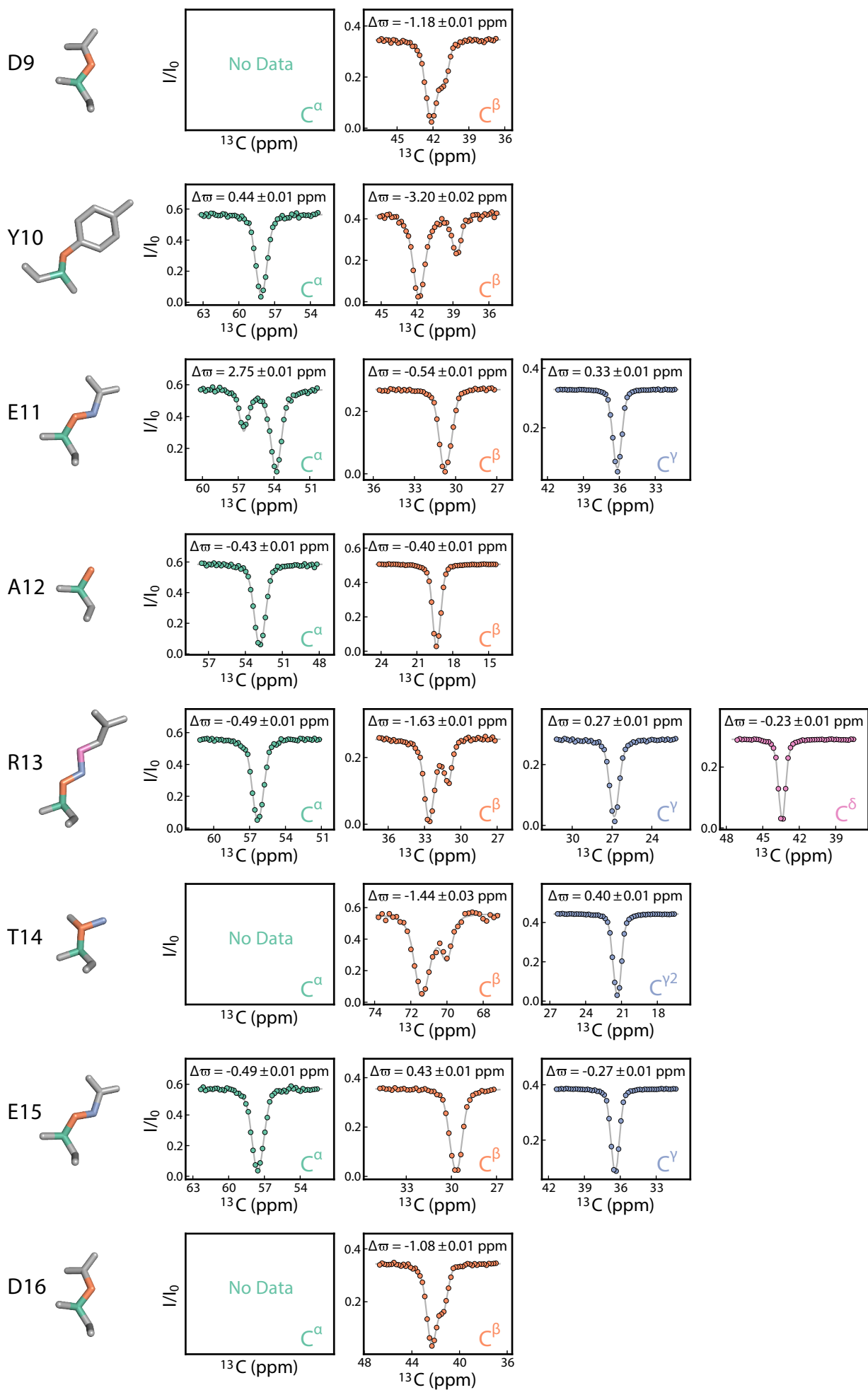
(b) Enhanced sensitivity based ¹³C CEST pulse scheme for measurement of ¹³C^α chemical shifts in the excited state (AX spin systems). Many of the details are similar to what has been described in **(a)** and will not be repeated here. The ¹³C carrier is placed at 58 ppm for the duration of the sequence, with the exception of the T_{CEST} period when it is moved to the desired frequency. Details of ¹³C decoupling during t_l are given in Supplementary Table 1. Quadrature detection during t_l is achieved using an enhanced sensitivity based approach^{14, 15} whereby cosine and sine modulated components are transferred back to ¹H for detection using a planar TOCSY scheme¹⁶. For each t_l point a pair of FIDs is recorded corresponding to $(\phi 3, g6)$ and $(\phi 3 + \pi, -g6)$ and stored separately for post-acquisition processing. An 8kHz DIPSI-2 mixing scheme¹⁷ (of length corresponding to approximately $1/J_{CH}$, where J_{CH} is the one bond ¹³C-¹H scalar coupling) is used for the TOCSY transfer. Values of τ_a and τ_b are set to 1.8 ms, $\delta = g7 + 0.3$ ms. The phase cycle is: $\phi 1=x, -x$, $\phi 2=2(y), 2(-y)$, $\phi 3=y$, $rec=x, 2(-x), x$. Gradient strengths G/cm(length in ms) are: $g0=15(1)$, $g1=20(0.5)$, $g2=30(0.8)$, $g3=-32(1)$, $g4=-20(0.7)$, $g5=-20(0.9)$, $g6=30(0.2)$, $g7=29.6(0.1)$, $g8=16(0.5)$.

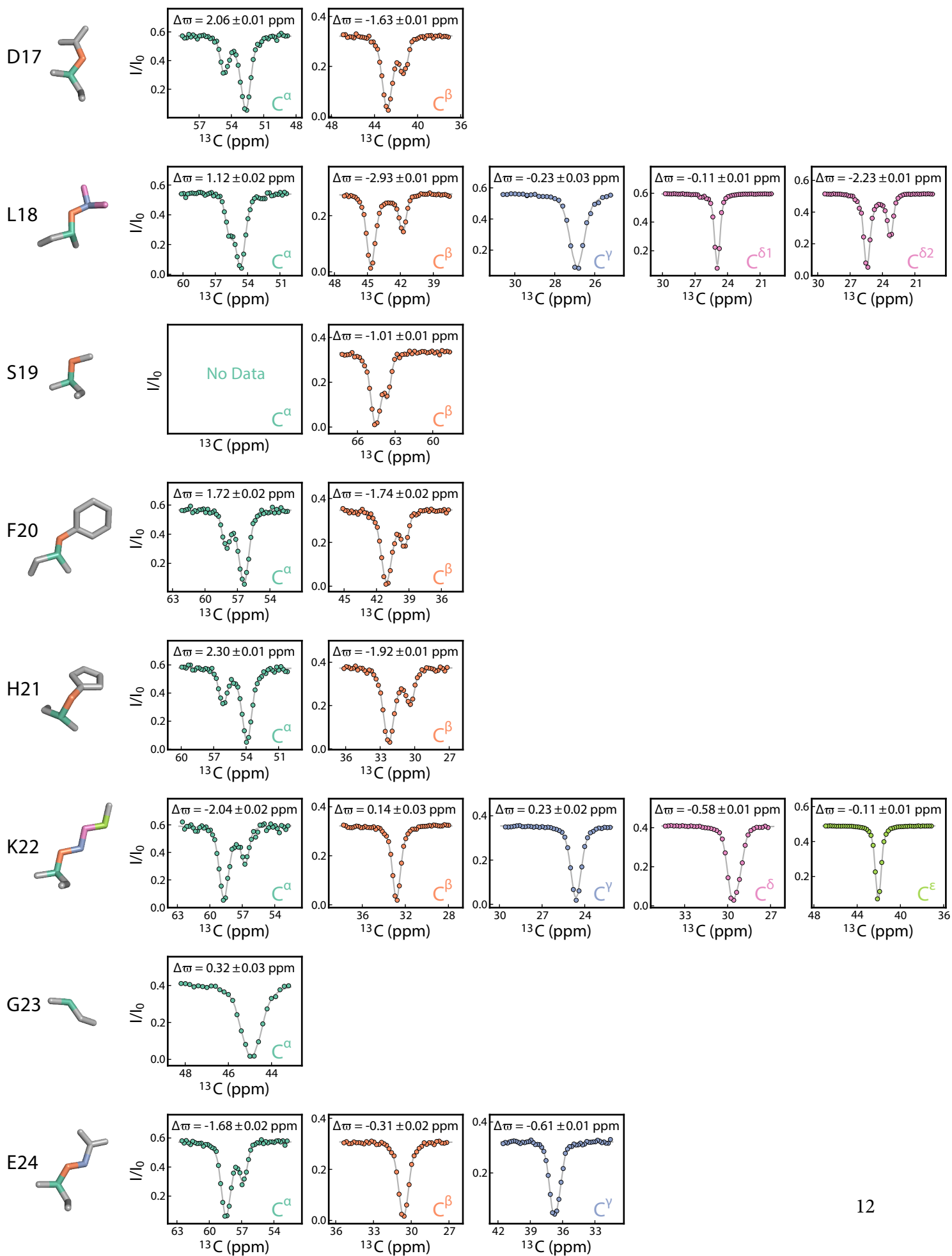
(c) Pulse scheme for measurement of ¹³C chemical shifts (ground state) that are subsequently used in fits of CEST profiles. ¹³C decoupling in t_l can introduce Bloch Siegert shifts¹⁸ and is therefore not employed. Instead scalar coupled evolution due to one-bond interactions with carbonyl and aromatic carbons is refocused by the application of the shaped (white) pulses shown (IBURP-2 profiles⁷, with bandwidths extending from ~ 105 -185 ppm; 300 μ s pulse widths

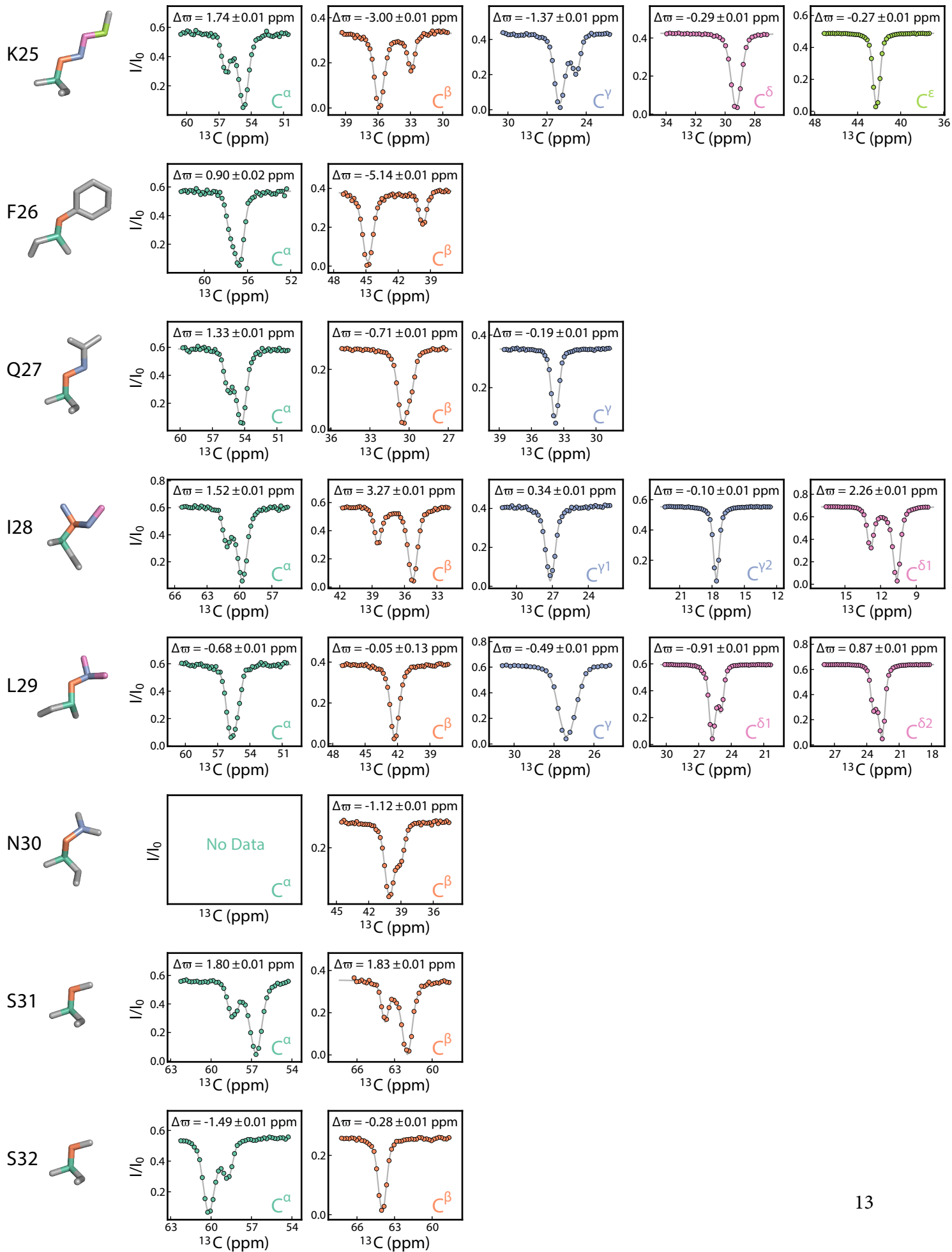
at 14.0T). Many other details are as in (a) and are not repeated. A WURST-2 ^{15}N field¹⁹ that decouples backbone amides and amines of Lys (30-40 ppm) and Arg (80-90 ppm) is employed during t_1 . Values of $\tau_a = 1.85$ ms, $T_C = 1/J_{CC} \sim 28$ ms are used. The phase cycle is: $\phi_1 = x$, $\phi_2 = x, y, -x, -y$, $\phi_3 = 2(x), 2(-x)$, $\text{rec} = x, -x$. Gradient strengths G/cm(length in ms) are: $g_0 = 10(0.5)$, $g_1 = 6(0.3)$, $g_2 = 30(1.5)$, $g_3 = 20(0.6)$, $g_4 = 4(0.2)$.

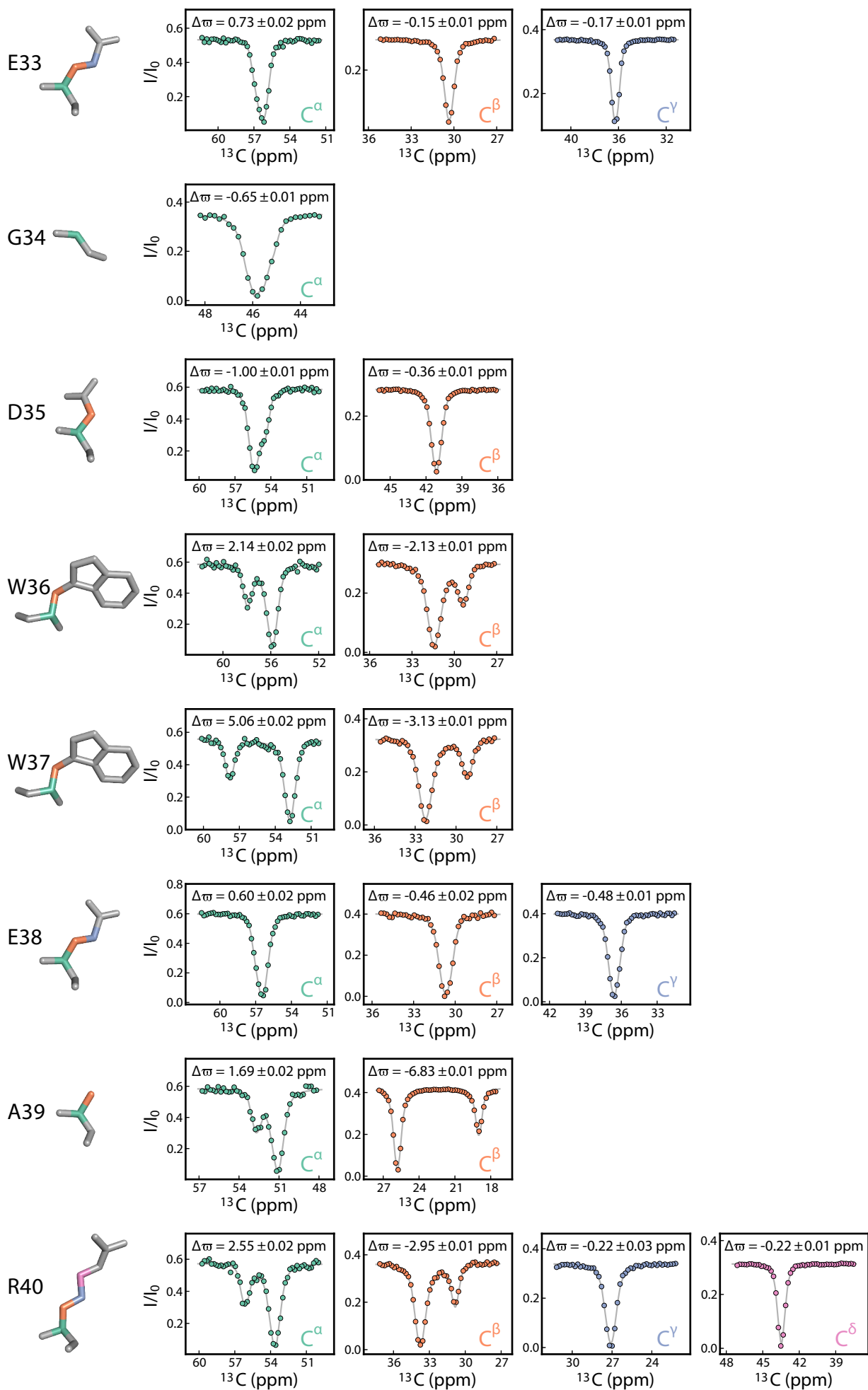
Supplementary Figure 2. ^{13}C CEST profiles for each residue of the G48A Fyn SH3 domain, 25°C, 14.0T.



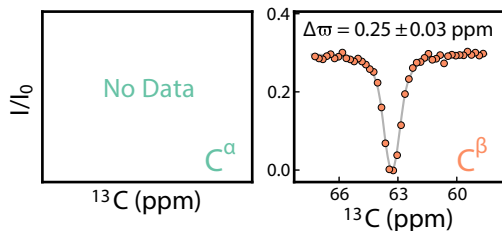




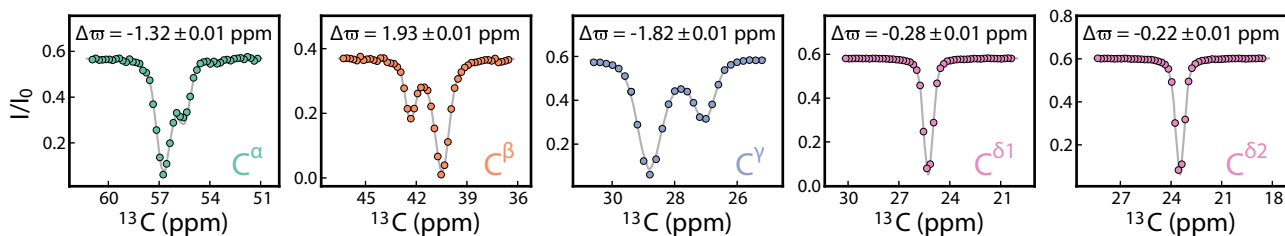
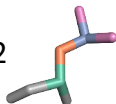




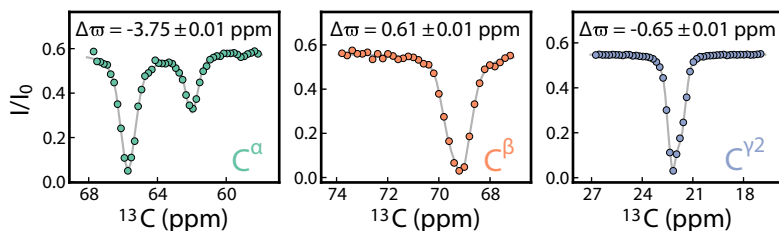
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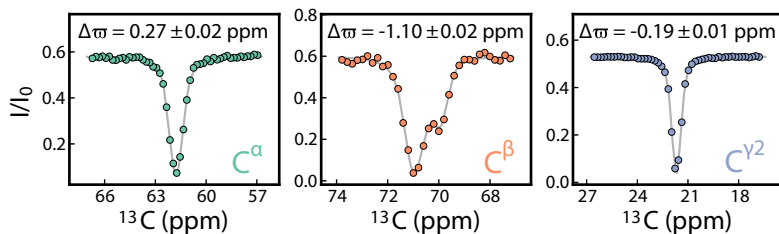
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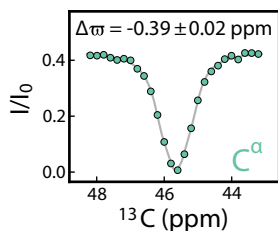
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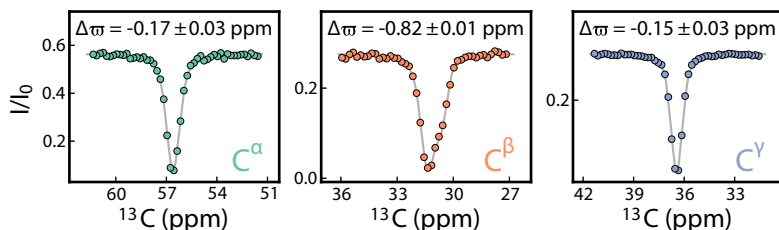
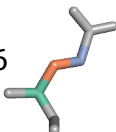
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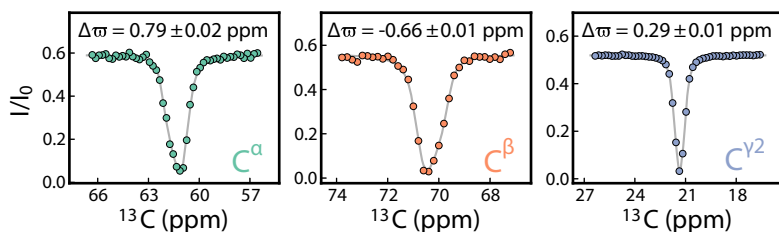
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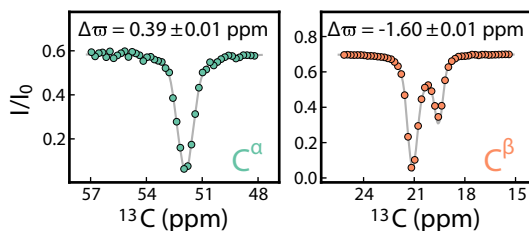
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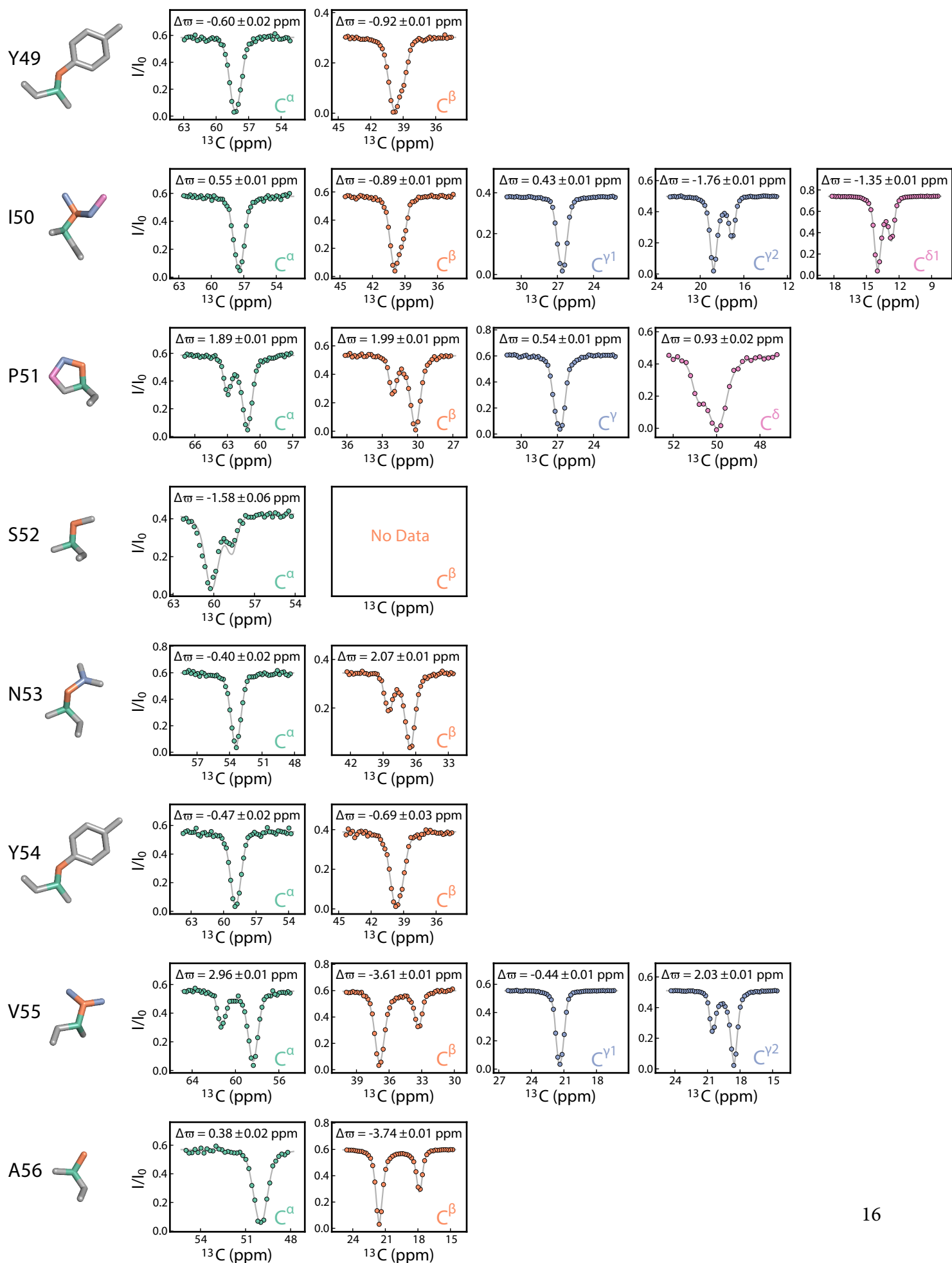


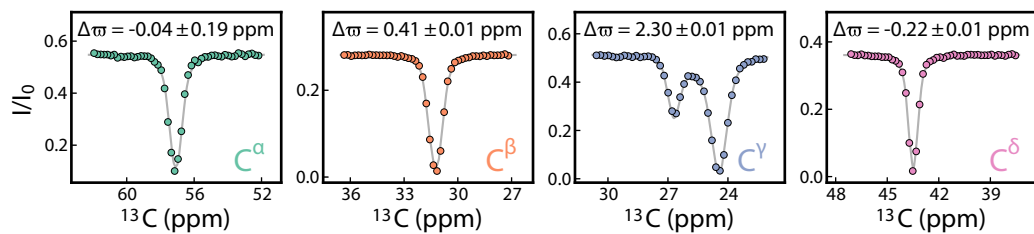
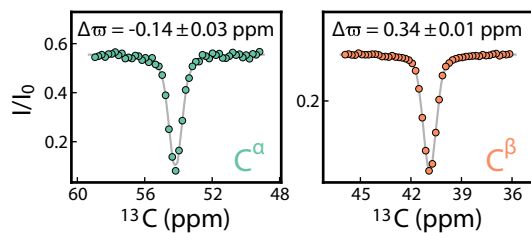
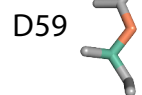
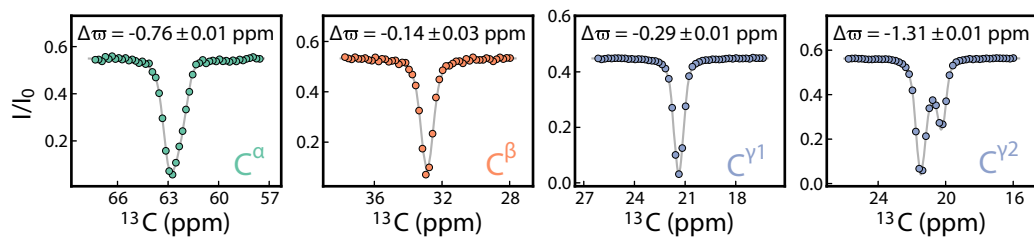
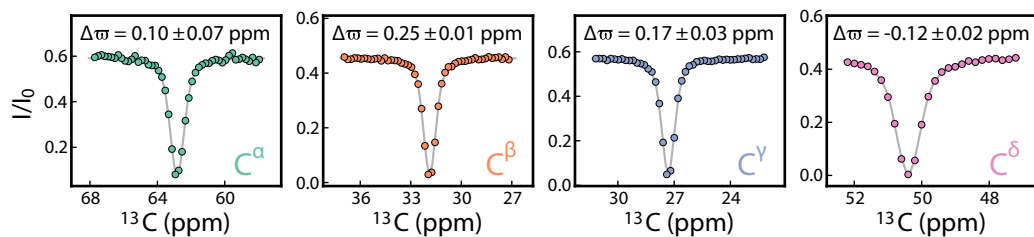
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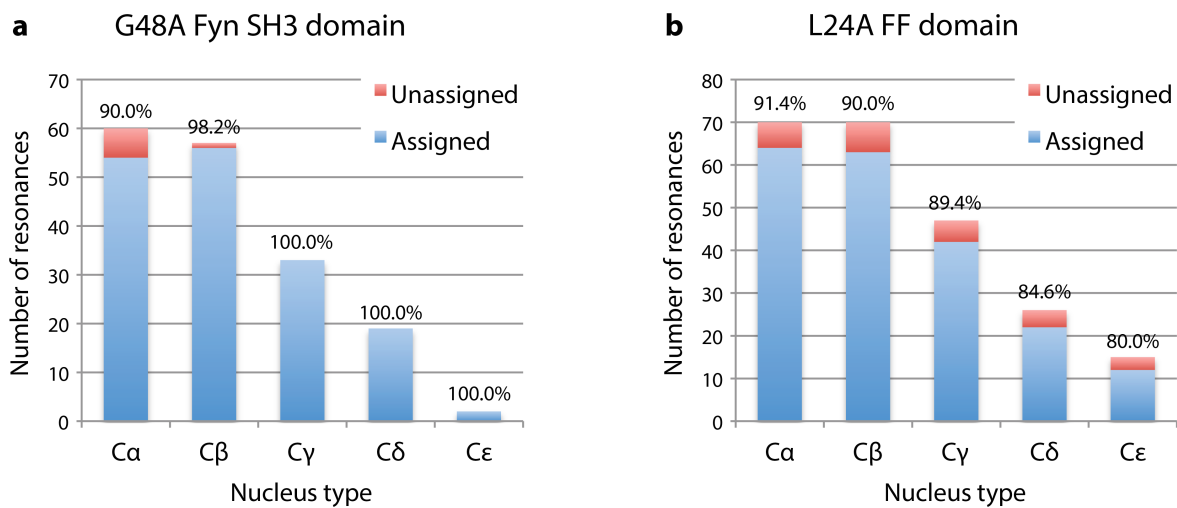


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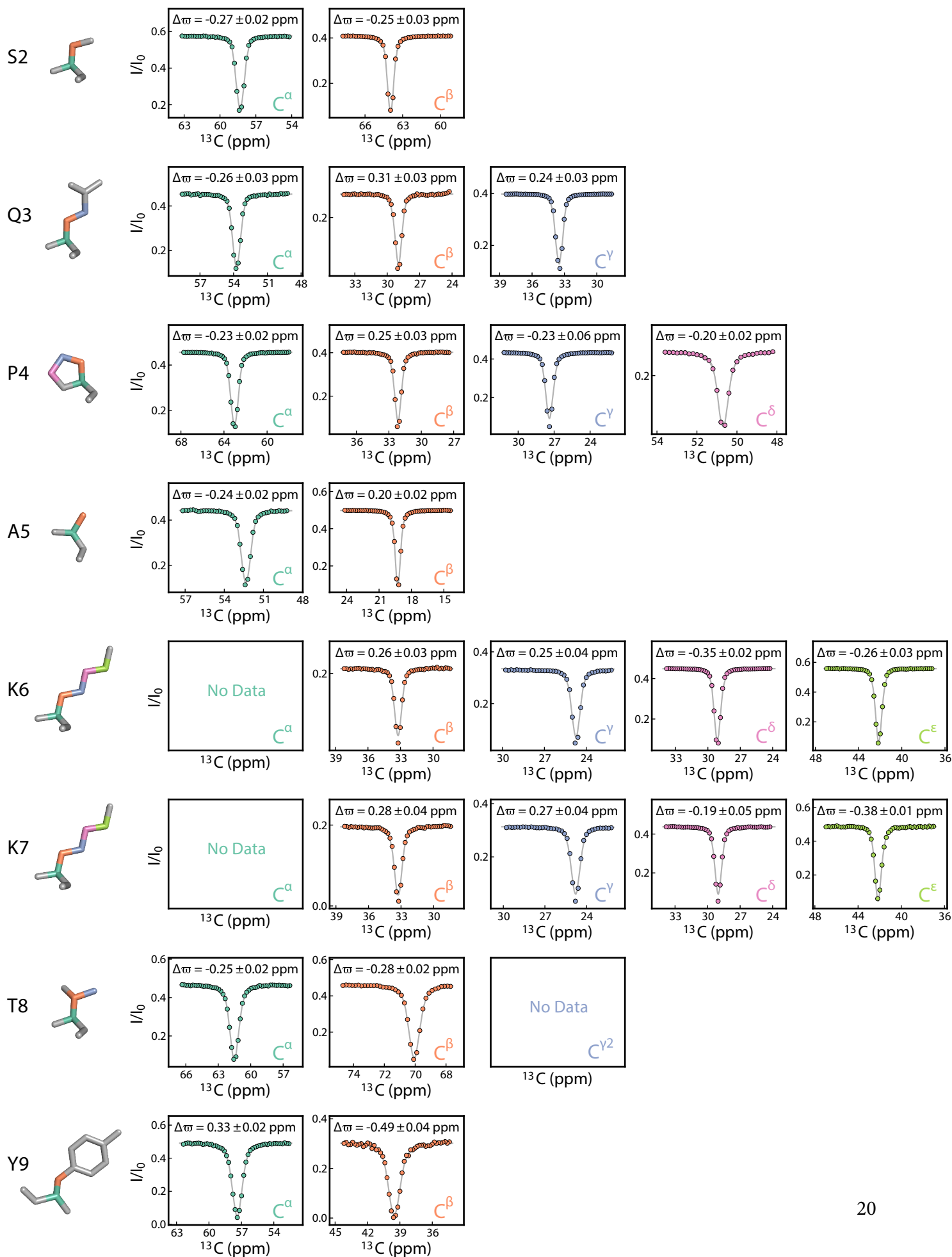


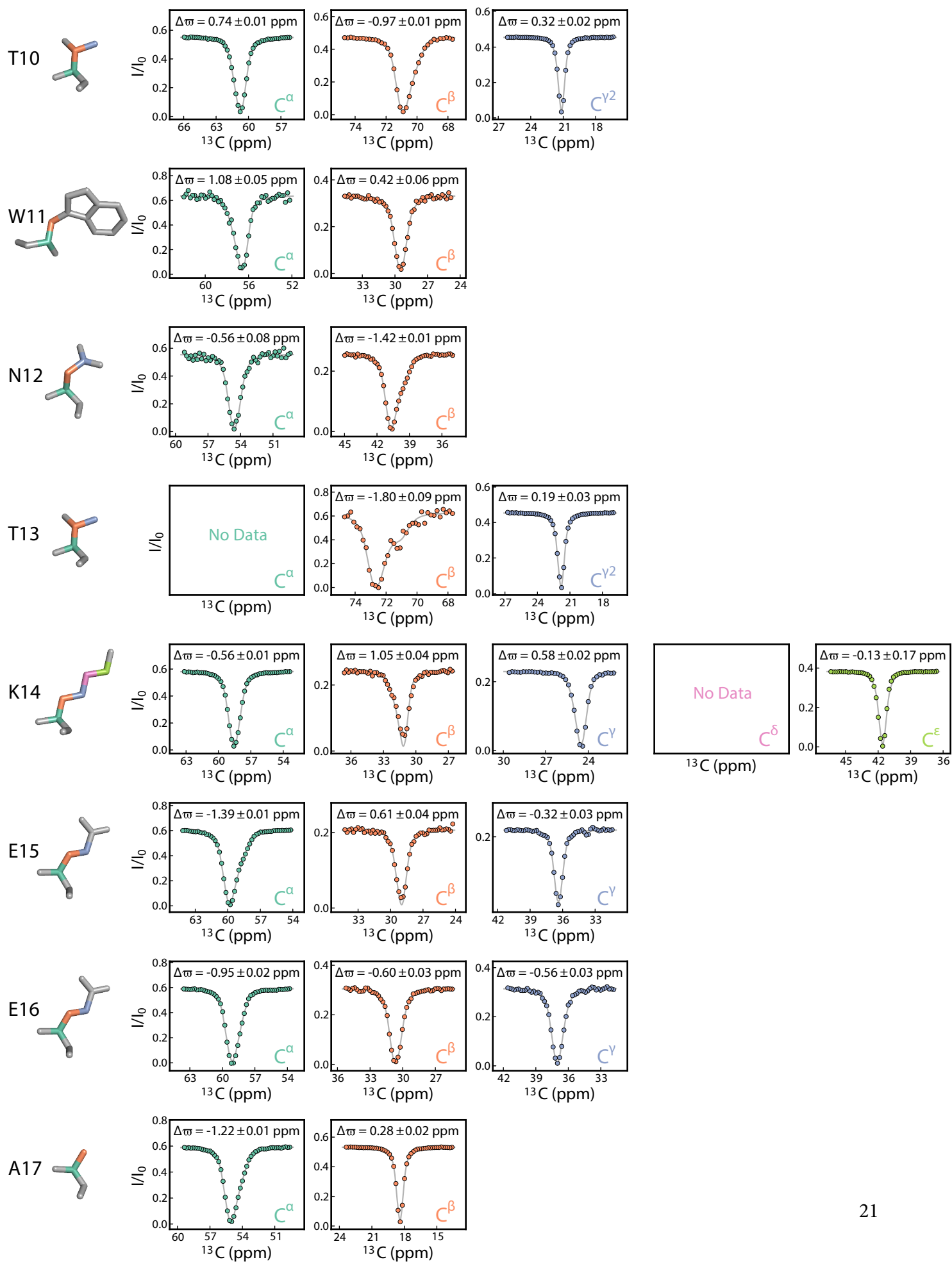




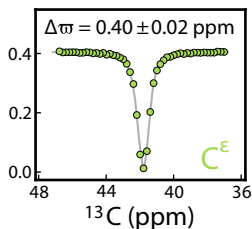
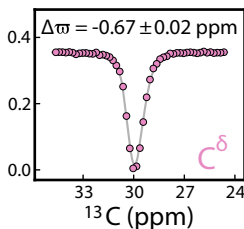
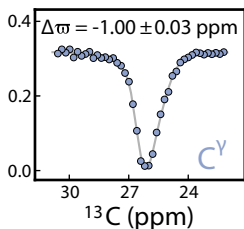
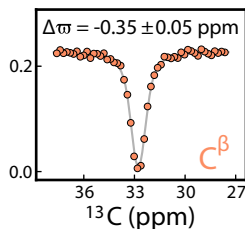
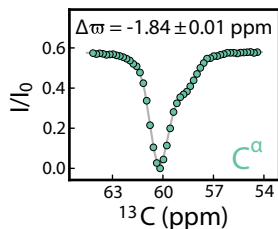
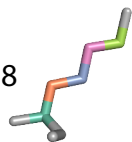
Supplementary Figure 3. Near complete aliphatic ^{13}C chemical shift assignments for the invisible, unfolded state of (a) the G48A Fyn SH3 domain and (b) a folding intermediate of the L24A FF domain. Bar graphs show the relative numbers assigned for each carbon-type.

Supplementary Figure 4. ^{13}C CEST profiles for each residue of the L24A FF domain, 25°C, 14.0T.

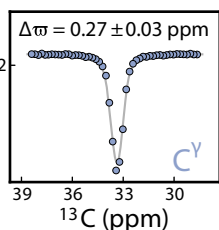
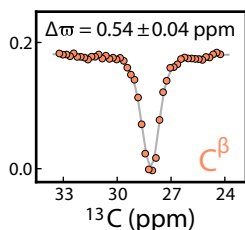
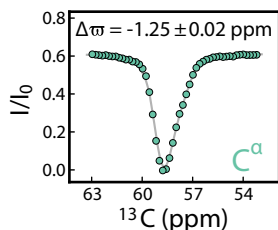




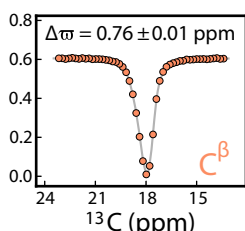
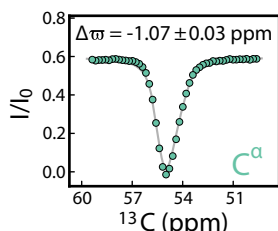
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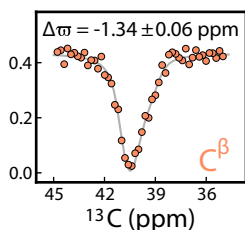
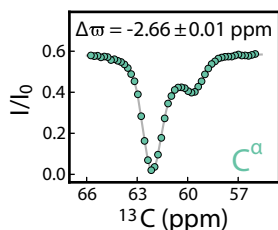
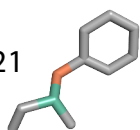
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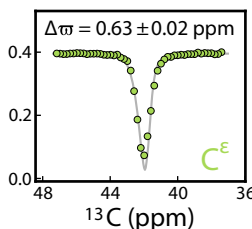
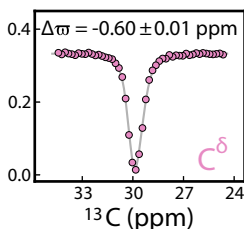
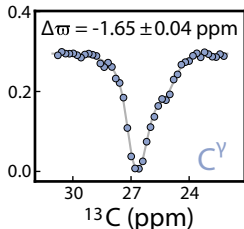
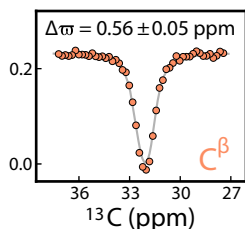
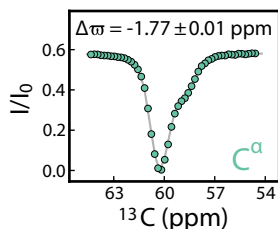
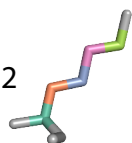
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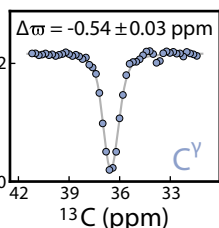
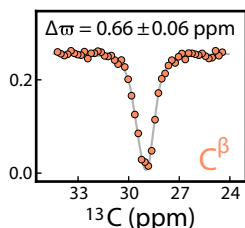
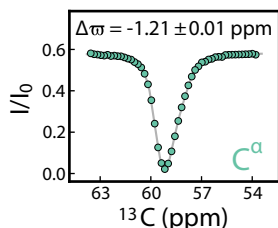
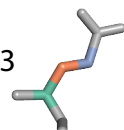
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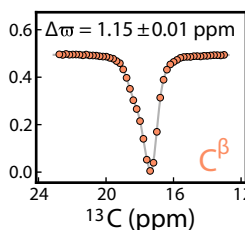
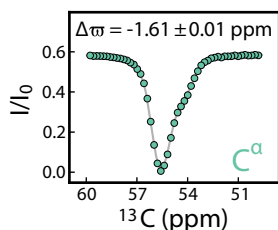
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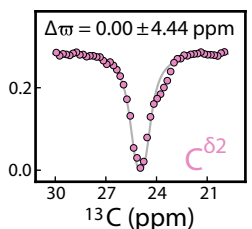
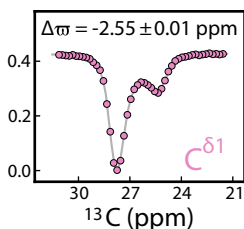
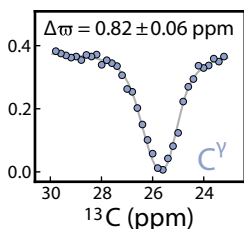
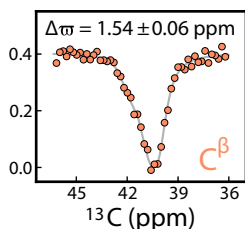
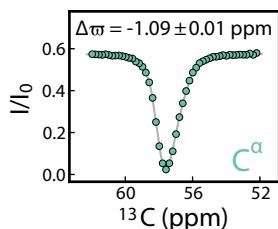
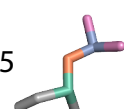
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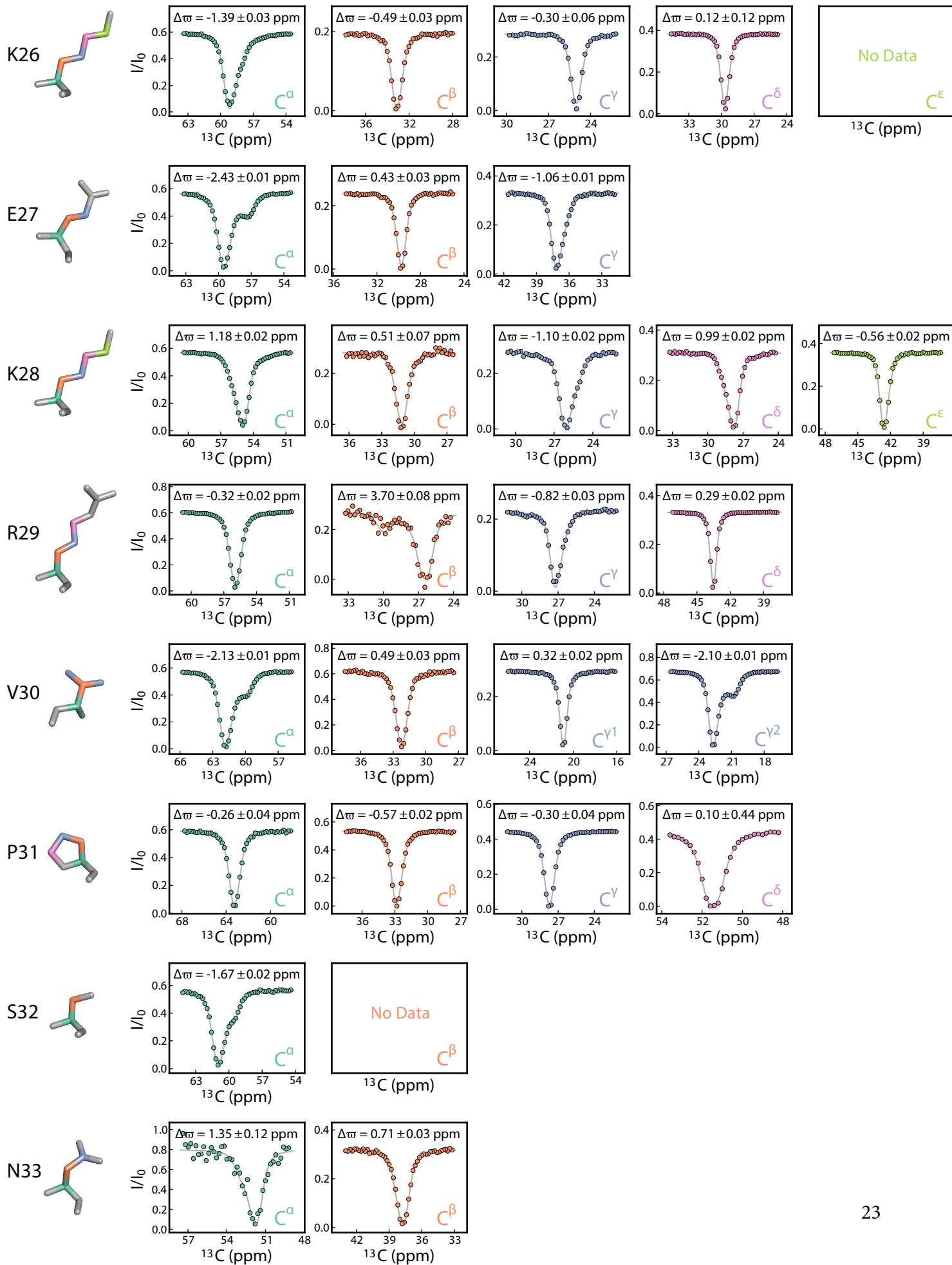


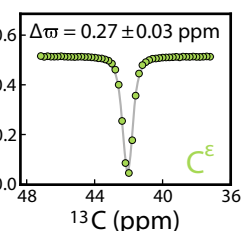
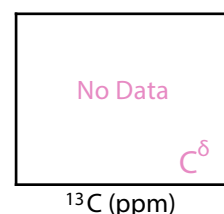
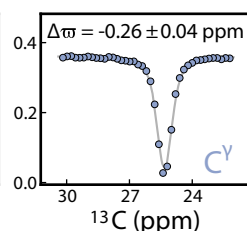
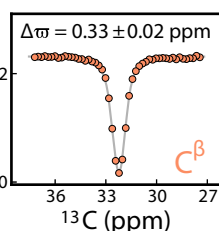
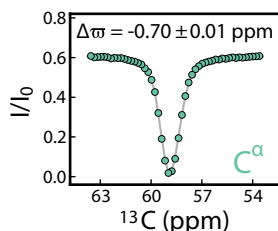
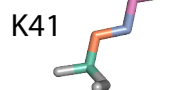
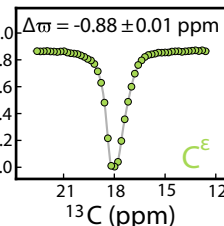
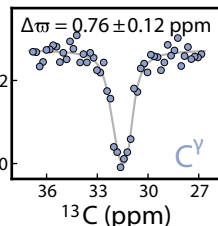
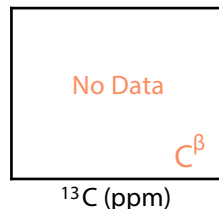
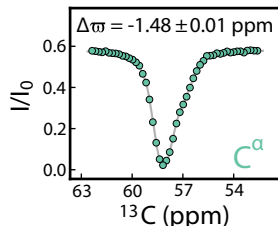
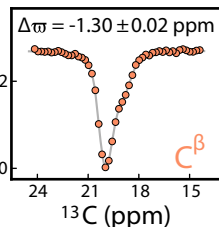
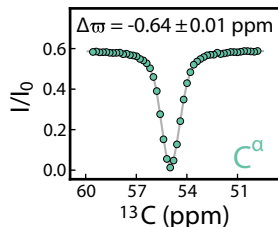
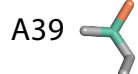
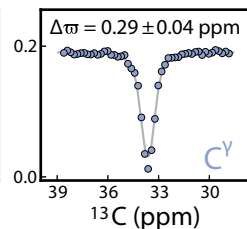
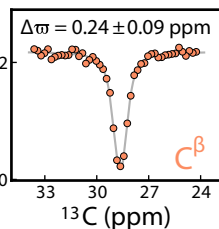
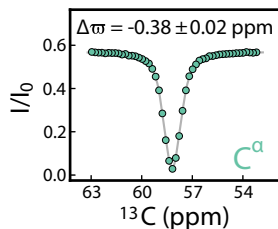
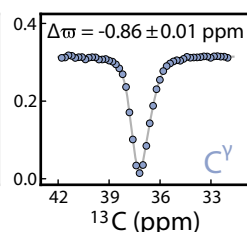
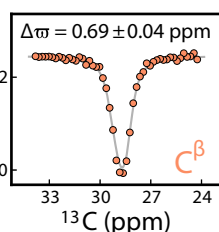
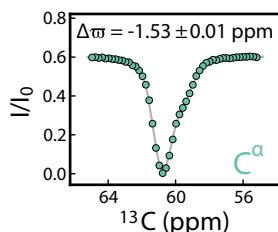
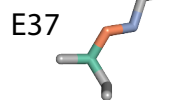
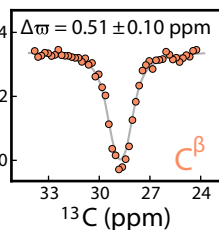
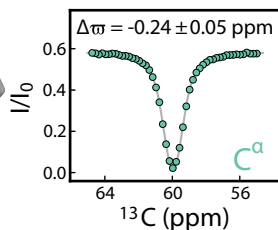
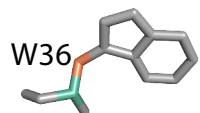
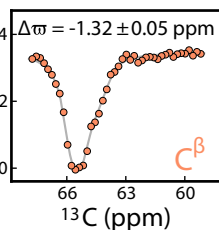
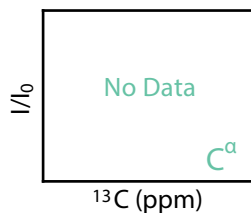
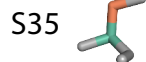
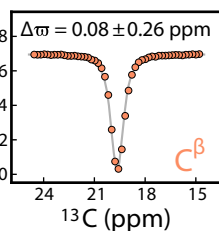
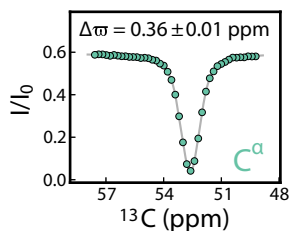
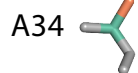
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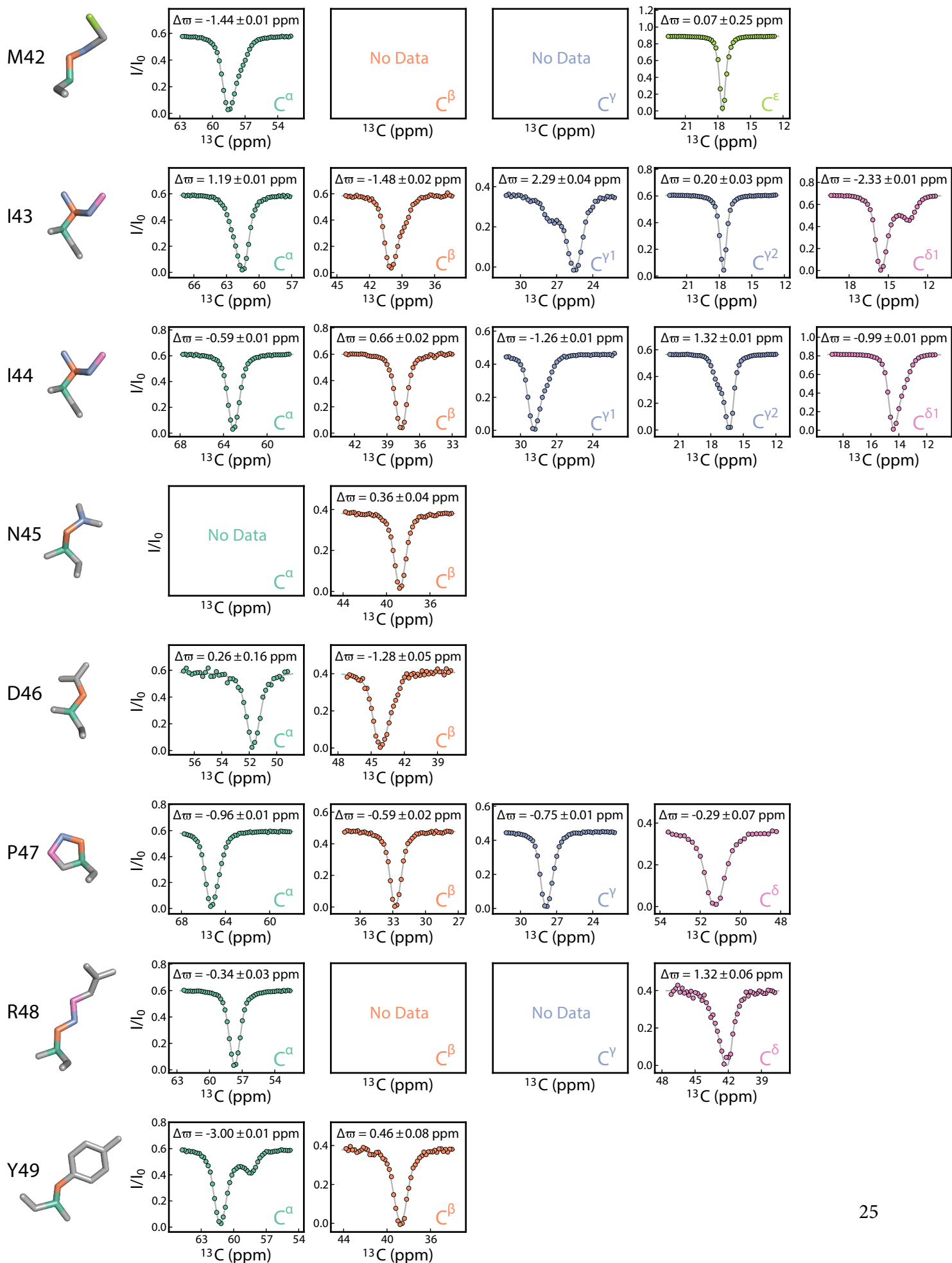


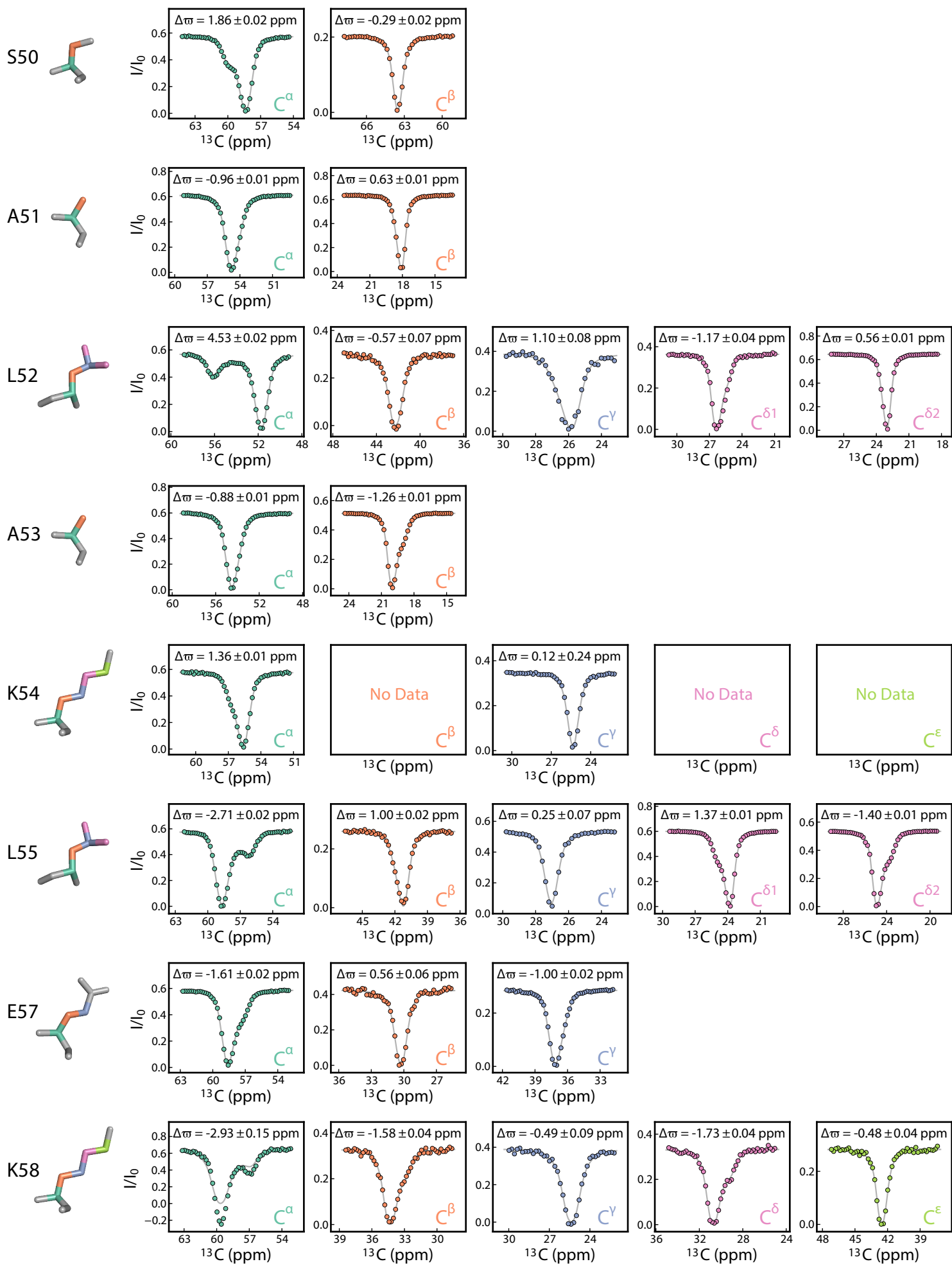
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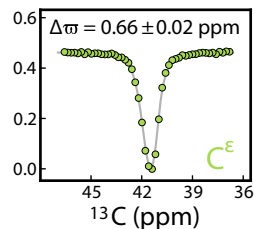
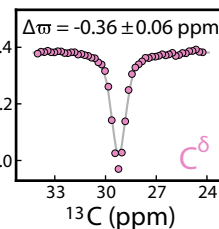
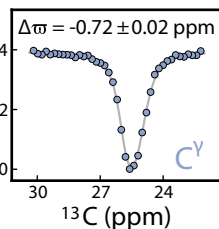
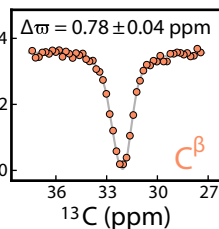
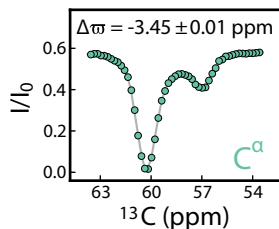
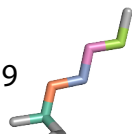




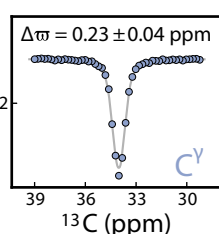
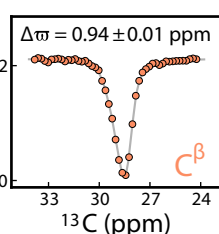
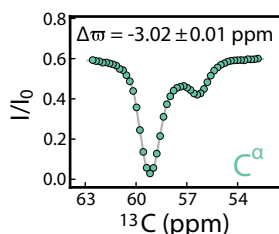
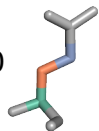




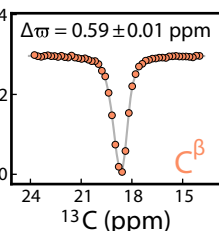
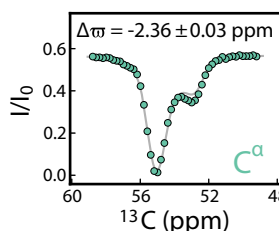
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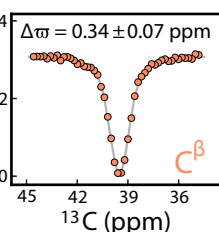
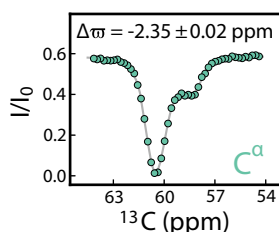
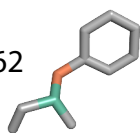
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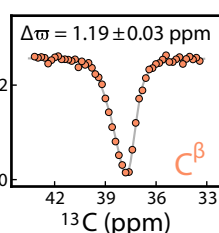
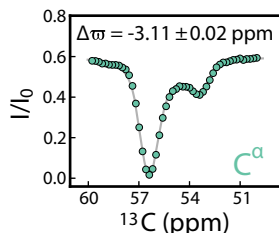
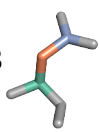
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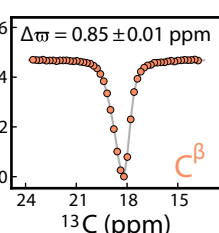
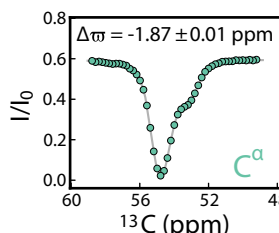
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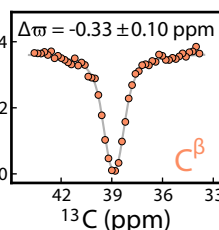
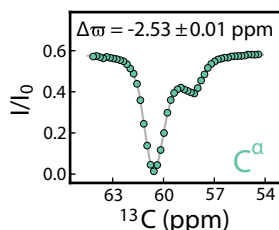
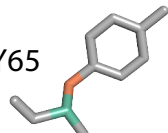
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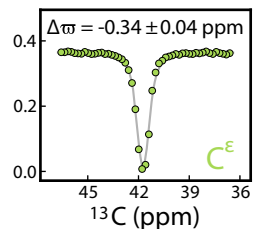
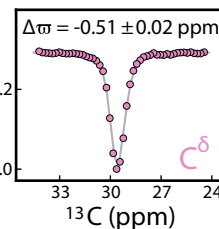
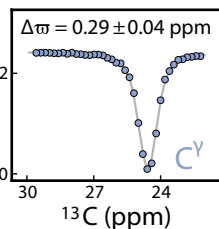
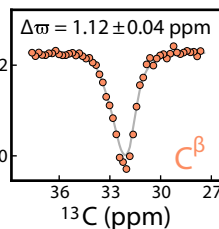
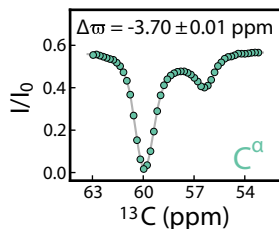
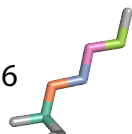
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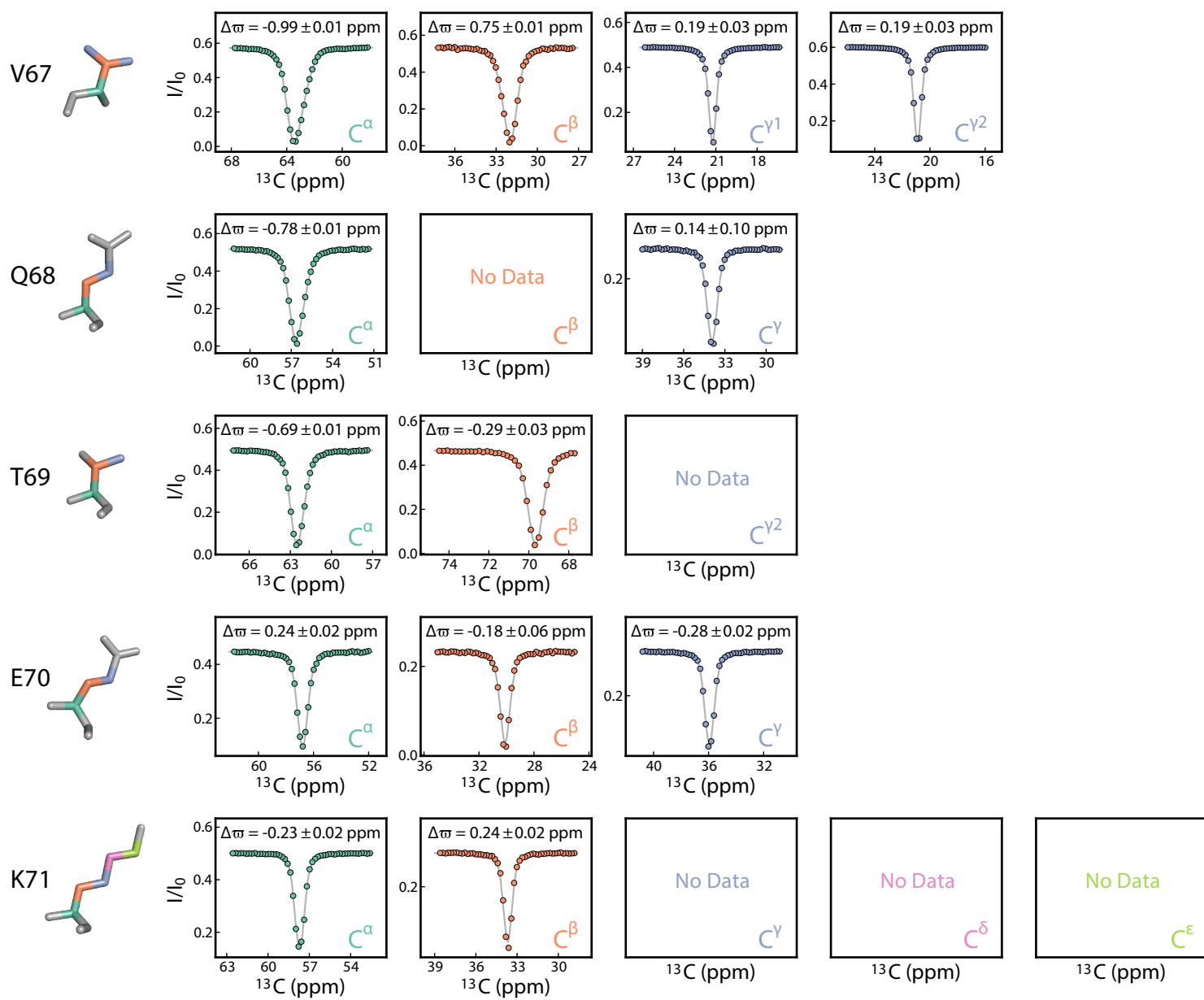


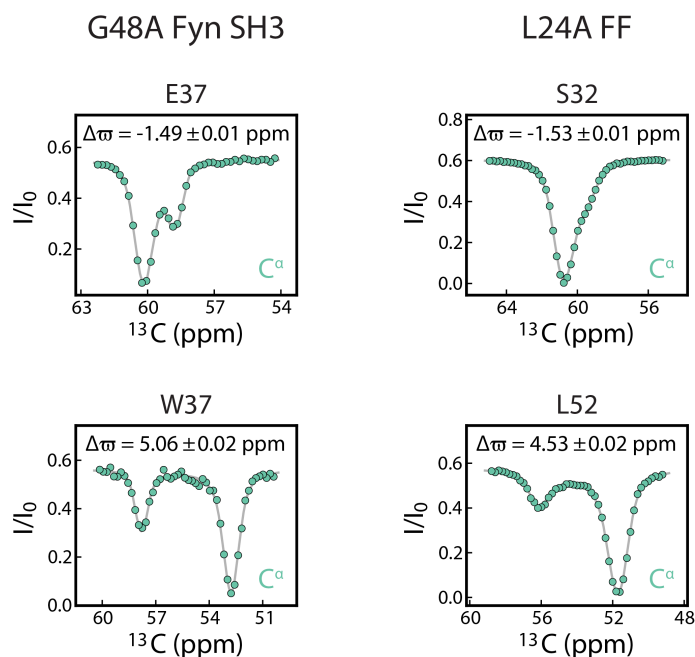
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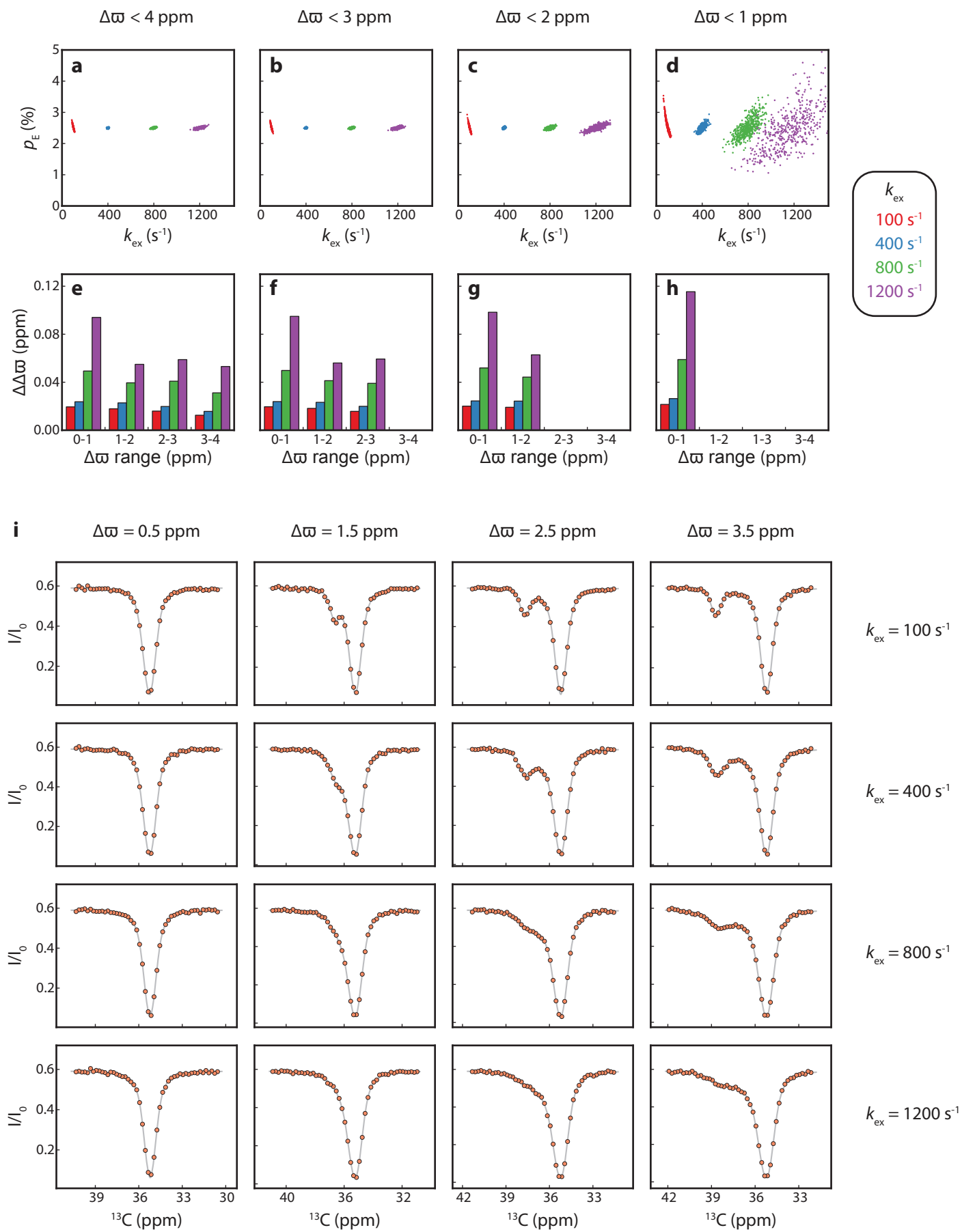
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Supplementary Figure 5. Resolution in CEST profiles decreases with increasing k_{ex} . Comparison of selected CEST profiles recorded at 14.0T, 25°C for the G48A Fyn SH3 ($k_{ex} \sim 130 \text{ s}^{-1}$) and the L24A FF ($k_{ex} \sim 540 \text{ s}^{-1}$) domains. The top and bottom pair of profiles derive from ^{13}C nuclei with similar $\Delta\omega$ values. The differences in resolution between major and minor state dips (compare traces in top or traces in bottom) reflect the differences in linewidths of the minor state peaks that in turn results in large part from differences in exchange rates.



Supplementary Figure 6. Robustness of extracted chemical exchange parameters and $\Delta\omega$ values as a function of k_{ex} . Data sets were simulated based on extracted ^{13}C R_1 , R_2 and shift difference values from a subset of residues of Fyn SH3 as described in detail under the section “Simulations to establish the robustness of CEST data”. Simulated CEST profiles with input $p_E = 2.5\%$ and $k_{ex} = \{100 \text{ s}^{-1}, 400 \text{ s}^{-1}, 800 \text{ s}^{-1}, 1200 \text{ s}^{-1}\}$ were generated following a Monte Carlo procedure²⁰ and then fit to produce the p_E , k_{ex} distributions in a-d for input values of $k_{ex} = 100 \text{ s}^{-1}$ (red), 400 s^{-1} (blue), 800 s^{-1} (green), 1200 s^{-1} (purple). Errors in extracted $\Delta\omega$ values, $\Delta\Delta\omega$, for each value of k_{ex} are given in the bar graphs in e-h (color coded as for a-d). Values of $\Delta\omega$ are separated into 4 classes, including $\Delta\omega < 1 \text{ ppm}$, $1\text{ppm}-2\text{ppm}$, $2\text{ppm}-3\text{ppm}$, $3\text{ppm}-4\text{ppm}$ for each of the input k_{ex} values. Simulations were carried out for all residues (a,e), those for which $\Delta\omega \leq 3\text{ppm}$ (b,f), $\Delta\omega \leq 2\text{ppm}$ (c,g) and $\Delta\omega \leq 1\text{ppm}$ (d,h). (i) Simulated CEST profiles for a single ^{13}C spin (corresponding to I28C^B of the Fyn SH3 domain) as a function of k_{ex} and $\Delta\omega$. Values of $p_E = 2.5\%$, ^{13}C $R_1 = 18.6 \text{ s}^{-1}$, ^{13}C $R_2 = 2.2 \text{ s}^{-1}$ were used in the simulations.

Supplementary Table 1. Experimental details

Type ^a	CEST range ^b (ppm)	Number of Planes ^c	Complex t ₁ -points ^d	Time ^e (h)	¹³ C dec ^f (ppm)	¹⁵ N dec ^g (ppm)
^a CT-CH ₃	[8.0;31.1] <i>All CH₃ groups</i>	117	55	27	–	–
^a CT-CH ₂	[22.2;31.2] <i>[R,K,P]-γ, I-γ I</i>	46	69	13½	–	–
	[27.2;47.1] <i>[C,D,E,F,H,I,K,L,M,N, P,Q,R,V,W,Y]-β, [E,M,Q]-γ, [K,R]-δ, K- ε</i>	101	66	28	[-118;-28] [190;100]	[30;40] [80;90]
	[47.2;52.2] <i>P-δ</i>	26	66	7½	–	[120;145]
	[58.6;67.2] <i>S-β</i>	44	66	12¼	–	–
^a nCT-CH ₂	[43.2;48.2] <i>G-α</i>	26	66	7¼	–	[100;140]
^a CT-CH	[25.2;30.6] <i>L-γ</i>	28	66	7¾	–	–
	[67.0;73.6] <i>T-β</i>	34	66	9½	–	–
^a nCT-CH	[58.4;65.6] <i>S-α</i>	44	48	8¼	[165;185]	[100;140]
^b	[48.2;67.7] <i>All α but [G,S]-α</i>	99	66	27½	[16;46] [100;70] [168;182]	–

^aThe type of experiment used (*ie*, Supplementary Fig. 1a CT-t₁, 1a nCT-t₁, or 1b) as well as the type of spin system (CH₃, CH₂ or CH) is listed.

^b¹³C chemical shift range over which the weak *B*₁ field is applied, along with a list of the carbons (residue and position) that are affected. Values are for the Fyn SH3 domain application, with

similar values used for the FF domain. For example [8.0;31.1] means that planes are recorded with the position of the CEST field ranging from 8.0 ppm to 31.1 ppm (one frequency per plane).

^cNumber of planes, where each plane corresponds to a particular position of the CEST B_1 field extending from frequency a to b, listed as [a;b].

^dNumber of complex t_1 points.

^eTime to record the complete CEST dataset.

^fConstant adiabaticity WURST-8 decoupling schemes^{8;9} were applied over the ^{13}C chemical shift range as indicated. Case 1: [-118;-28],[190;100] indicates two fields applied simultaneously centered at -73 ppm and 145 ppm, respectively, bandwidth of 90 ppm that are swept in opposite directions to minimize Bloch-Siegert effects over the region of interest^{10;11} centered at ~ 36 ppm (CH_2). The net field has a max(rms) field strength of 2.12(1.14) kHz. Decoupling of aromatic C_γ and carbonyls is achieved. Case 2: [165;185], constant adiabaticity WURST-8 decoupling centered at 175 ppm, bandwidth of 20 ppm with a max(rms) field strength of 0.47(0.38) kHz. Decoupling of carbonyls. Case 3: [16;46],[100;70],[168;182], constant adiabaticity WURST-8 decoupling centered at 31 ppm [16;46] and 85 ppm [100;70], swept in opposite directions along with constant adiabaticity WURST-8 decoupling centered at 175 ppm [168;182]. Essentially all C_β carbons with the exception of $\text{C}_\beta(\text{Ser})$ are decoupled in this manner, generating $^{13}\text{C}^\alpha\text{-}^1\text{H}^\alpha$ spectra with high sensitivity and resolution. The net field has a max(rms) field strength of 1.5(0.65) kHz.

^gWURST-2¹⁹ decoupling schemes applied over the ^{15}N ranges (ppm) indicated to decouple ^{15}N (Lys- $\text{N}\zeta$ [30;40]; Arg- $\text{N}\epsilon$ [80;90];Pro- $\text{N}\delta$ [120;145];all backbone[100;140]).

Supplementary Table 2. Ground (ϖ_G) and excited (ϖ_E) state chemical shifts of the A39G Fyn SH3 domain, 25°C.^a

Residue	Nucleus	ϖ_G (ppm)	ϖ_E (ppm)
S1	C α	58.11	57.78 $\pm$ 0.01
S1	C β	64.88	64.60 $\pm$ 0.01
T2	C α	61.95	61.85 $\pm$ 0.04
T2	C β	70.03	69.85 $\pm$ 0.02
T2	C γ 2	21.86	21.67 $\pm$ 0.01
L3	C α	54.66	55.54 $\pm$ 0.02
L3	C β	43.87	42.27 $\pm$ 0.01
L3	C γ	27.11	26.88 $\pm$ 0.03
L3	C δ 1	25.09	24.71 $\pm$ 0.01
L3	C δ 2	24.26	23.65 $\pm$ 0.01
F4	C α	56.52	57.85 $\pm$ 0.01
F4	C β	43.49	39.44 $\pm$ 0.01
E5	C α	53.30	56.64 $\pm$ 0.01
E5	C β	34.34	30.46 $\pm$ 0.01
E5	C γ	35.53	36.34 $\pm$ 0.01
A6	C α	52.20	52.45 $\pm$ 0.04
A6	C β	20.94	19.12 $\pm$ 0.01
L7	C α	55.64	55.24 $\pm$ 0.02
L7	C β	43.23	42.49 $\pm$ 0.02
L7	C γ	26.78	26.94 $\pm$ 0.03
L7	C δ 1	25.35	24.92 $\pm$ 0.01
L7	C δ 2	21.92	23.47 $\pm$ 0.01
Y8	C α	53.75	57.51 $\pm$ 0.01
Y8	C β	42.67	38.94 $\pm$ 0.01
D9	C α	54.60	-
D9	C β	42.17	40.99 $\pm$ 0.01
Y10	C α	58.02	58.47 $\pm$ 0.01
Y10	C β	41.85	38.64 $\pm$ 0.02
E11	C α	53.81	56.56 $\pm$ 0.01
E11	C β	30.87	30.33 $\pm$ 0.01
E11	C γ	36.10	36.43 $\pm$ 0.01
A12	C α	52.90	52.47 $\pm$ 0.01

Residue	Nucleus	$\overline{\omega}_G$ (ppm)	$\overline{\omega}_E$ (ppm)
A12	C β	19.44	19.05 $\pm$ 0.01
R13	C α	56.39	55.90 $\pm$ 0.01
R13	C β	32.62	30.99 $\pm$ 0.01
R13	C γ	26.79	27.05 $\pm$ 0.01
R13	C δ	43.44	43.22 $\pm$ 0.01
T14	C α	59.68	-
T14	C β	71.39	69.95 $\pm$ 0.03
T14	C γ 2	21.26	21.66 $\pm$ 0.01
E15	C α	57.64	57.14 $\pm$ 0.01
E15	C β	29.60	30.04 $\pm$ 0.01
E15	C γ	36.48	36.21 $\pm$ 0.01
D16	C α	54.30	-
D16	C β	42.34	41.26 $\pm$ 0.01
D17	C α	52.64	54.70 $\pm$ 0.01
D17	C β	42.83	41.20 $\pm$ 0.01
L18	C α	54.64	55.75 $\pm$ 0.02
L18	C β	44.68	41.75 $\pm$ 0.01
L18	C γ	26.91	26.68 $\pm$ 0.03
L18	C δ 1	24.95	24.84 $\pm$ 0.01
L18	C δ 2	25.46	23.23 $\pm$ 0.01
S19	C α	58.15	-
S19	C β	64.55	63.54 $\pm$ 0.01
F20	C α	56.37	58.10 $\pm$ 0.02
F20	C β	41.09	39.35 $\pm$ 0.02
H21	C α	53.90	56.20 $\pm$ 0.01
H21	C β	32.27	30.35 $\pm$ 0.01
K22	C α	58.71	56.67 $\pm$ 0.02
K22	C β	32.81	32.95 $\pm$ 0.03
K22	C γ	24.59	24.82 $\pm$ 0.02
K22	C δ	29.69	29.11 $\pm$ 0.01
K22	C ϵ	42.05	41.94 $\pm$ 0.01
G23	C α	44.90	45.22 $\pm$ 0.03
E24	C α	58.46	56.77 $\pm$ 0.02
E24	C β	30.65	30.34 $\pm$ 0.02

Residue	Nucleus	$\overline{\omega}_G$ (ppm)	$\overline{\omega}_E$ (ppm)
E24	C γ	36.85	36.24 $\pm$ 0.01
K25	C α	54.68	56.42 $\pm$ 0.01
K25	C β	35.90	32.90 $\pm$ 0.01
K25	C γ	26.07	24.71 $\pm$ 0.01
K25	C δ	29.30	29.00 $\pm$ 0.01
K25	C ϵ	42.29	42.02 $\pm$ 0.01
F26	C α	56.75	57.64 $\pm$ 0.02
F26	C β	44.83	39.69 $\pm$ 0.01
Q27	C α	54.27	55.60 $\pm$ 0.01
Q27	C β	30.52	29.82 $\pm$ 0.01
Q27	C γ	33.81	33.63 $\pm$ 0.01
I28	C α	59.70	61.22 $\pm$ 0.01
I28	C β	35.21	38.48 $\pm$ 0.01
I28	C γ 1	27.11	27.44 $\pm$ 0.01
I28	C γ 2	17.60	17.50 $\pm$ 0.01
I28	C δ 1	10.63	12.89 $\pm$ 0.01
L29	C α	55.77	55.09 $\pm$ 0.01
L29	C β	42.24	42.19 $\pm$ 0.13
L29	C γ	27.45	26.97 $\pm$ 0.01
L29	C δ 1	25.79	24.87 $\pm$ 0.01
L29	C δ 2	22.57	23.44 $\pm$ 0.01
N30	C α	53.32	-
N30	C β	40.09	38.97 $\pm$ 0.01
S31	C α	56.64	58.45 $\pm$ 0.01
S31	C β	61.96	63.80 $\pm$ 0.01
S32	C α	60.18	58.69 $\pm$ 0.01
S32	C β	64.01	63.73 $\pm$ 0.01
E33	C α	56.15	56.88 $\pm$ 0.02
E33	C β	30.34	30.19 $\pm$ 0.01
E33	C γ	36.28	36.12 $\pm$ 0.01
G34	C α	45.92	45.27 $\pm$ 0.01
D35	C α	55.42	54.43 $\pm$ 0.01
D35	C β	41.19	40.83 $\pm$ 0.01
W36	C α	55.84	57.99 $\pm$ 0.02

Residue	Nucleus	$\overline{\omega}_G$ (ppm)	$\overline{\omega}_E$ (ppm)
W36	C β	31.44	29.32 $\pm$ 0.01
W37	C α	52.77	57.82 $\pm$ 0.02
W37	C β	32.25	29.12 $\pm$ 0.01
E38	C α	56.35	56.95 $\pm$ 0.02
E38	C β	30.76	30.30 $\pm$ 0.02
E38	C γ	36.68	36.20 $\pm$ 0.01
A39	C α	51.07	52.76 $\pm$ 0.02
A39	C β	25.82	18.99 $\pm$ 0.01
R40	C α	53.62	56.18 $\pm$ 0.02
R40	C β	33.76	30.81 $\pm$ 0.01
R40	C γ	27.11	26.89 $\pm$ 0.03
R40	C δ	43.50	43.28 $\pm$ 0.01
S41	C α	57.60	-
S41	C β	63.28	63.52 $\pm$ 0.03
L42	C α	56.76	55.44 $\pm$ 0.01
L42	C β	40.46	42.39 $\pm$ 0.01
L42	C γ	28.82	27.00 $\pm$ 0.01
L42	C δ 1	25.33	25.05 $\pm$ 0.01
L42	C δ 2	23.51	23.28 $\pm$ 0.01
T43	C α	65.71	61.96 $\pm$ 0.01
T43	C β	69.09	69.69 $\pm$ 0.01
T43	C γ 2	22.23	21.58 $\pm$ 0.01
T44	C α	61.74	62.01 $\pm$ 0.02
T44	C β	70.97	69.87 $\pm$ 0.02
T44	C γ 2	21.71	21.52 $\pm$ 0.01
G45	C α	45.71	45.32 $\pm$ 0.02
E46	C α	56.61	56.44 $\pm$ 0.03
E46	C β	31.36	30.54 $\pm$ 0.01
E46	C γ	36.45	36.30 $\pm$ 0.03
T47	C α	61.08	61.87 $\pm$ 0.02
T47	C β	70.51	69.85 $\pm$ 0.01
T47	C γ 2	21.29	21.58 $\pm$ 0.01
A48	C α	51.83	52.22 $\pm$ 0.01
A48	C β	21.12	19.51 $\pm$ 0.01

Residue	Nucleus	$\overline{\omega}_G$ (ppm)	$\overline{\omega}_E$ (ppm)
Y49	C α	58.33	57.74 $\pm$ 0.02
Y49	C β	39.82	38.90 $\pm$ 0.01
I50	C α	57.31	57.86 $\pm$ 0.01
I50	C β	39.98	39.09 $\pm$ 0.01
I50	C γ 1	26.51	26.95 $\pm$ 0.01
I50	C γ 2	18.79	17.03 $\pm$ 0.01
I50	C δ 1	13.99	12.64 $\pm$ 0.01
P51	C α	61.14	63.04 $\pm$ 0.01
P51	C β	30.16	32.14 $\pm$ 0.01
P51	C γ	26.71	27.25 $\pm$ 0.01
P51	C δ	49.95	50.88 $\pm$ 0.02
S52	C α	60.17	58.59 $\pm$ 0.06
S52	C β	60.81	-
N53	C α	53.48	53.08 $\pm$ 0.02
N53	C β	36.48	38.55 $\pm$ 0.01
Y54	C α	58.97	58.50 $\pm$ 0.02
Y54	C β	39.76	39.07 $\pm$ 0.03
V55	C α	58.36	61.31 $\pm$ 0.01
V55	C β	36.87	33.26 $\pm$ 0.01
V55	C γ 1	21.47	21.03 $\pm$ 0.01
V55	C γ 2	18.54	20.57 $\pm$ 0.01
A56	C α	49.93	50.32 $\pm$ 0.02
A56	C β	21.57	17.84 $\pm$ 0.01
P57	C α	62.82	62.92 $\pm$ 0.07
P57	C β	31.84	32.10 $\pm$ 0.01
P57	C γ	27.30	27.17 $\pm$ 0.03
P57	C δ	50.40	50.28 $\pm$ 0.02
V58	C α	62.88	62.12 $\pm$ 0.01
V58	C β	32.89	32.75 $\pm$ 0.03
V58	C γ 1	21.44	21.15 $\pm$ 0.01
V58	C γ 2	21.49	20.18 $\pm$ 0.01
D59	C α	54.19	54.05 $\pm$ 0.03
D59	C β	40.82	41.16 $\pm$ 0.01
R60	C α	57.09	57.05 $\pm$ 0.19

Residue	Nucleus	$\bar{\omega}_G$ (ppm)	$\bar{\omega}_E$ (ppm)
R60	C β	31.15	31.56 $\pm$ 0.01
R60	C γ	24.43	26.73 $\pm$ 0.01
R60	C δ	43.52	43.30 $\pm$ 0.01

^aGround state chemical shifts are obtained from direct measurement of spectra recorded with scheme c of Supplementary Figure 1. Excited state chemical shifts are generated from fits of CEST profiles, as described in the Materials and methods.

Supplementary Table 3. Ground (ϖ_G) and excited (ϖ_E) state chemical shifts of the L24A FF domain, 25°C.^a

Residue	Nucleus	ϖ_G (ppm)	ϖ_E (ppm)
S2	C α	58.32	58.05 $\pm$ 0.02
S2	C α	58.32	58.05 $\pm$ 0.02
S2	C α	58.32	58.05 $\pm$ 0.02
S2	C β	63.96	63.72 $\pm$ 0.03
Q3	C α	53.76	53.49 $\pm$ 0.02
Q3	C β	28.95	29.26 $\pm$ 0.03
Q3	C γ	33.48	33.72 $\pm$ 0.03
P4	C α	63.03	62.80 $\pm$ 0.02
P4	C β	32.14	32.39 $\pm$ 0.03
P4	C γ	27.40	27.16 $\pm$ 0.06
P4	C δ	50.69	50.49 $\pm$ 0.02
A5	C α	52.35	52.12 $\pm$ 0.02
A5	C β	19.25	19.45 $\pm$ 0.02
K6	C α	56.16	-
K6	C β	33.21	33.47 $\pm$ 0.03
K6	C γ	24.73	24.98 $\pm$ 0.04
K6	C δ	29.14	28.79 $\pm$ 0.02
K6	C ϵ	42.14	41.89 $\pm$ 0.03
K7	C β	33.25	33.53 $\pm$ 0.04
K7	C γ	24.77	25.05 $\pm$ 0.04
K7	C δ	29.02	28.83 $\pm$ 0.05
K7	C ϵ	42.16	41.78 $\pm$ 0.01
T8	C α	61.51	61.26 $\pm$ 0.02
T8	C β	70.06	69.78 $\pm$ 0.02
T8	C γ 2	21.54	-
Y9	C α	57.37	57.70 $\pm$ 0.02
Y9	C β	39.55	39.05 $\pm$ 0.04
T10	C α	60.69	61.43 $\pm$ 0.01
T10	C β	70.93	69.96 $\pm$ 0.01
T10	C γ 2	21.15	21.47 $\pm$ 0.02
W11	C α	56.54	57.62 $\pm$ 0.05

Residue	Nucleus	$\overline{\omega}_G$ (ppm)	$\overline{\omega}_E$ (ppm)
W11	C β	29.46	29.88 $\pm$ 0.06
N12	C α	54.60	54.04 $\pm$ 0.08
N12	C β	40.72	39.29 $\pm$ 0.01
T13	C α	59.37	-
T13	C β	72.66	70.86 $\pm$ 0.09
T13	C γ 2	21.82	22.01 $\pm$ 0.03
K14	C α	58.57	58.00 $\pm$ 0.01
K14	C β	31.10	32.15 $\pm$ 0.04
K14	C γ	24.47	25.05 $\pm$ 0.02
K14	C δ	28.15	-
K14	C ϵ	41.58	41.46 $\pm$ 0.17
E15	C α	59.86	58.47 $\pm$ 0.01
E15	C β	28.94	29.55 $\pm$ 0.03
E15	C γ	36.40	36.09 $\pm$ 0.03
E16	C α	59.13	58.18 $\pm$ 0.02
E16	C β	30.69	30.09 $\pm$ 0.03
E16	C γ	37.05	36.48 $\pm$ 0.03
A17	C α	55.10	53.88 $\pm$ 0.01
A17	C β	18.40	18.67 $\pm$ 0.02
K18	C α	60.24	58.40 $\pm$ 0.01
K18	C β	32.78	32.43 $\pm$ 0.05
K18	C γ	26.17	25.16 $\pm$ 0.03
K18	C δ	29.98	29.31 $\pm$ 0.02
K18	C ϵ	41.76	42.16 $\pm$ 0.02
Q19	C α	58.72	57.47 $\pm$ 0.02
Q19	C β	28.11	28.64 $\pm$ 0.04
Q19	C γ	33.35	33.63 $\pm$ 0.03
A20	C α	55.03	53.96 $\pm$ 0.03
A20	C β	17.92	18.68 $\pm$ 0.01
F21	C α	62.12	59.47 $\pm$ 0.01
F21	C β	40.51	39.17 $\pm$ 0.06
K22	C α	60.29	58.51 $\pm$ 0.01
K22	C β	32.05	32.62 $\pm$ 0.05
K22	C γ	26.70	25.04 $\pm$ 0.04
K22	C δ	29.91	29.31 $\pm$ 0.01

Residue	Nucleus	$\overline{\omega}_G$ (ppm)	$\overline{\omega}_E$ (ppm)
K22	C ϵ	41.90	42.53 $\pm$ 0.02
E23	C α	59.22	58.01 $\pm$ 0.01
E23	C β	28.95	29.61 $\pm$ 0.06
E23	C γ	36.56	36.02 $\pm$ 0.02
A24	C α	55.60	53.99 $\pm$ 0.01
A24	C β	17.33	18.49 $\pm$ 0.01
L25	C α	57.63	56.54 $\pm$ 0.01
L25	C β	40.41	41.94 $\pm$ 0.06
L25	C γ	25.64	26.47 $\pm$ 0.06
L25	C δ 1	27.77	25.22 $\pm$ 0.01
L25	C δ 2	24.95	24.96 $\pm$ 4.44
K26	C α	59.20	57.81 $\pm$ 0.02
K26	C β	33.15	32.66 $\pm$ 0.03
K26	C γ	25.03	24.72 $\pm$ 0.06
K26	C δ	29.68	29.81 $\pm$ 0.12
E27	C α	59.52	57.08 $\pm$ 0.01
E27	C β	29.73	30.16 $\pm$ 0.03
E27	C γ	37.21	36.14 $\pm$ 0.01
K28	C α	54.91	56.09 $\pm$ 0.02
K28	C β	31.12	31.63 $\pm$ 0.07
K28	C γ	26.14	25.04 $\pm$ 0.02
K28	C δ	27.74	28.73 $\pm$ 0.02
K28	C ϵ	42.62	42.06 $\pm$ 0.02
R29	C α	55.95	55.63 $\pm$ 0.02
R29	C β	26.41	30.10 $\pm$ 0.08
R29	C γ	27.27	26.45 $\pm$ 0.03
R29	C δ	43.50	43.79 $\pm$ 0.02
V30	C α	61.85	59.72 $\pm$ 0.01
V30	C β	32.19	32.67 $\pm$ 0.03
V30	C γ 1	20.89	21.21 $\pm$ 0.02
V30	C γ 2	22.70	20.59 $\pm$ 0.01
P31	C α	63.24	62.97 $\pm$ 0.04
P31	C β	32.87	32.30 $\pm$ 0.02
P31	C γ	27.72	27.42 $\pm$ 0.04
P31	C δ	51.46	51.57 $\pm$ 0.44

Residue	Nucleus	$\overline{\omega}_G$ (ppm)	$\overline{\omega}_E$ (ppm)
S32	C α	60.99	59.32 $\pm$ 0.02
S32	C β	63.00	-
N33	C α	51.71	53.06 $\pm$ 0.12
N33	C β	37.69	38.40 $\pm$ 0.03
A34	C α	52.60	52.96 $\pm$ 0.01
A34	C β	19.65	19.73 $\pm$ 0.26
S35	C α	56.77	-
S35	C β	65.48	64.17 $\pm$ 0.05
W36	C α	59.96	59.71 $\pm$ 0.05
W36	C β	28.74	29.25 $\pm$ 0.10
E37	C α	60.79	59.26 $\pm$ 0.01
E37	C β	28.67	29.36 $\pm$ 0.04
E37	C γ	37.26	36.40 $\pm$ 0.01
Q38	C α	58.20	57.82 $\pm$ 0.02
Q38	C β	28.64	28.88 $\pm$ 0.09
Q38	C γ	33.62	33.91 $\pm$ 0.04
A39	C α	55.01	54.37 $\pm$ 0.01
A39	C β	19.98	18.68 $\pm$ 0.02
M40	C α	58.18	56.70 $\pm$ 0.01
M40	C β	31.71	-
M40	C γ	31.44	32.20 $\pm$ 0.12
M40	C ϵ	18.04	17.16 $\pm$ 0.01
K41	C α	58.93	58.23 $\pm$ 0.01
K41	C β	32.22	32.54 $\pm$ 0.02
K41	C γ	25.34	25.07 $\pm$ 0.04
K41	C ϵ	42.04	42.31 $\pm$ 0.03
M42	C α	58.52	57.07 $\pm$ 0.01
M42	C β	33.50	-
M42	C γ	33.36	-
M42	C ϵ	17.57	17.64 $\pm$ 0.25
I43	C α	61.48	62.67 $\pm$ 0.01
I43	C β	40.06	38.58 $\pm$ 0.02
I43	C γ 1	25.48	27.77 $\pm$ 0.04
I43	C γ 2	17.63	17.83 $\pm$ 0.03
I43	C δ 1	15.58	13.25 $\pm$ 0.01

Residue	Nucleus	$\overline{\omega}_G$ (ppm)	$\overline{\omega}_E$ (ppm)
I44	C α	63.12	62.53 $\pm$ 0.01
I44	C β	37.64	38.29 $\pm$ 0.02
I44	C γ 1	28.91	27.65 $\pm$ 0.01
I44	C γ 2	16.26	17.58 $\pm$ 0.01
I44	C δ 1	14.40	13.41 $\pm$ 0.01
N45	C α	52.73	-
N45	C β	38.74	39.10 $\pm$ 0.04
D46	C α	51.70	51.96 $\pm$ 0.16
D46	C β	44.19	42.91 $\pm$ 0.05
P47	C α	65.32	64.37 $\pm$ 0.01
P47	C β	32.78	32.19 $\pm$ 0.02
P47	C γ	27.91	27.16 $\pm$ 0.01
P47	C δ	51.26	50.97 $\pm$ 0.07
R48	C α	57.69	57.35 $\pm$ 0.03
R48	C γ	27.31	-
R48	C δ	42.13	43.45 $\pm$ 0.06
Y49	C α	61.26	58.25 $\pm$ 0.01
Y49	C β	38.72	39.17 $\pm$ 0.08
S50	C α	58.33	60.19 $\pm$ 0.02
S50	C β	63.52	63.23 $\pm$ 0.02
A51	C α	54.81	53.85 $\pm$ 0.01
A51	C β	18.07	18.70 $\pm$ 0.01
L52	C α	51.69	56.22 $\pm$ 0.02
L52	C β	42.28	41.71 $\pm$ 0.07
L52	C γ	25.79	26.89 $\pm$ 0.08
L52	C δ 1	26.39	25.21 $\pm$ 0.04
L52	C δ 2	22.99	23.56 $\pm$ 0.01
A53	C α	54.55	53.67 $\pm$ 0.01
A53	C β	20.05	18.79 $\pm$ 0.01
K54	C α	55.58	56.94 $\pm$ 0.01
K54	C β	33.51	-
K54	C γ	25.34	25.46 $\pm$ 0.24
K54	C δ	29.20	-
K54	C ϵ	42.08	-
L55	C α	58.71	56.00 $\pm$ 0.02

Residue	Nucleus	$\overline{\omega}_G$ (ppm)	$\overline{\omega}_E$ (ppm)
L55	C β	41.18	42.18 $\pm$ 0.02
L55	C γ	27.04	27.29 $\pm$ 0.07
L55	C δ 1	23.79	25.16 $\pm$ 0.01
L55	C δ 2	24.91	23.51 $\pm$ 0.01
S56	C α	61.12	-
S56	C β	61.29	-
E57	C α	58.62	57.01 $\pm$ 0.02
E57	C β	30.23	30.79 $\pm$ 0.06
E57	C γ	37.17	36.16 $\pm$ 0.02
K58	C α	59.65	56.72 $\pm$ 0.15
K58	C β	34.34	32.75 $\pm$ 0.04
K58	C γ	25.40	24.90 $\pm$ 0.09
K58	C δ	30.74	29.01 $\pm$ 0.03
K58	C ϵ	42.55	42.07 $\pm$ 0.04
K59	C α	60.29	56.83 $\pm$ 0.01
K59	C β	32.03	32.81 $\pm$ 0.04
K59	C γ	25.54	24.82 $\pm$ 0.02
K59	C δ	29.24	28.87 $\pm$ 0.06
K59	C ϵ	41.44	42.10 $\pm$ 0.02
Q60	C α	59.19	56.17 $\pm$ 0.01
Q60	C β	28.48	29.43 $\pm$ 0.01
Q60	C γ	34.02	34.24 $\pm$ 0.03
A61	C α	55.06	52.70 $\pm$ 0.03
A61	C β	18.63	19.22 $\pm$ 0.01
F62	C α	60.52	58.17 $\pm$ 0.02
F62	C β	39.49	39.83 $\pm$ 0.07
N63	C α	56.41	53.29 $\pm$ 0.02
N63	C β	37.73	38.92 $\pm$ 0.03
A64	C α	54.81	52.94 $\pm$ 0.01
A64	C β	18.21	19.06 $\pm$ 0.01
Y65	C α	60.58	58.05 $\pm$ 0.01
Y65	C β	38.88	38.55 $\pm$ 0.10
K66	C α	59.94	56.25 $\pm$ 0.01
K66	C β	32.06	33.18 $\pm$ 0.04
K66	C γ	24.57	24.86 $\pm$ 0.04

Residue	Nucleus	$\overline{\omega}_G$ (ppm)	$\overline{\omega}_E$ (ppm)
K66	C δ	29.61	29.10 $\pm$ 0.02
K66	C ϵ	41.74	41.40 $\pm$ 0.04
V67	C α	63.50	62.51 $\pm$ 0.01
V67	C β	31.91	32.66 $\pm$ 0.01
V67	C γ 1	21.23	21.42 $\pm$ 0.03
V67	C γ 2	20.89	21.08 $\pm$ 0.03
Q68	C α	56.69	55.91 $\pm$ 0.01
Q68	C γ	33.93	34.07 $\pm$ 0.10
T69	C α	62.56	61.88 $\pm$ 0.01
T69	C β	69.66	69.37 $\pm$ 0.03
E70	C α	56.78	57.03 $\pm$ 0.02
E70	C β	30.10	29.93 $\pm$ 0.06
E70	C γ	35.95	35.66 $\pm$ 0.02
K71	C α	57.71	57.48 $\pm$ 0.02
K71	C β	33.67	33.91 $\pm$ 0.02

^aGround state chemical shifts are obtained from direct measurement of spectra recorded with scheme c of Supplementary Figure 1. Excited state chemical shifts are generated from fits of CEST profiles, as described in the Materials and methods.

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