

Transiently populated intermediate functions as a branching point of the FF domain folding pathway

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Studies of protein folding and the intermediates that are formed along the folding pathway provide valuable insights into the process by which an unfolded ensemble forms a functional native conformation. However, because intermediates on folding pathways can serve as initiation points of aggregation (implicated in a number of diseases), their characterization assumes an even greater importance. Establishing the role of such intermediates in folding, misfolding, and aggregation remains a major challenge due to their often low populations and short lifetimes. We recently used NMR relaxation dispersion methods and computational techniques to determine an atomic resolution structure of the folding intermediate of a small protein module—the FF domain—with an equilibrium population of 2–3% and a millisecond lifetime, 25 °C. Based on this structure a variant FF domain has been designed in which the native state is selectively destabilized by removing the carboxyl-terminal helix in the native structure to produce a highly populated structural mimic of the intermediate state. Here, we show via solution NMR studies of the designed mimic that the mimic forms distinct conformers corresponding to monomeric and dimeric ($K_d = 0.2$ mM) forms of the protein. The conformers exchange on the seconds timescale with a monomer association rate of $1.1 \cdot 10^4 \text{ M}^{-1} \text{ s}^{-1}$ and with a region responsible for dimerization localized to the amino-terminal residues of the FF domain. This study establishes the FF domain intermediate as a central player in both folding and misfolding pathways and illustrates how incomplete folding can lead to the formation of higher-order structures.

excited protein states | protein folding intermediate

It is increasingly clear that protein aggregation can be initiated from locally unfolded and/or misfolded conformations that become accessible due to thermal fluctuations from the native state (1–4). Such conformers, therefore, may play critical roles in the formation of molecular assemblies implicated in aggregation-related diseases (1–3). However, these species are often sparsely and transiently populated (4, 5), challenging their detailed characterization using conventional tools of structural biology. Their role in aggregate formation and in protein misfolding in general is, therefore, not well understood.

With the development of nuclear magnetic resonance (NMR) relaxation dispersion (RD) methods (5, 6) it has become possible to study transiently formed conformers populated at a level of 0.5% or higher (excited states), provided that they interconvert on the millisecond timescale with a populated conformation that can be observed in NMR spectra (ground state). The thermodynamics and kinetics of the exchange reaction can be accessed by RD methodology. In addition, backbone ^1H , ^{15}N , ^{13}C chemical shifts (5–7), residual dipolar couplings (RDCs) (8), and residual chemical shift anisotropies (RCSAs) (9) of the excited state can be measured, providing a rich source of structural information. By combining the RD measurements (5, 6) with computational approaches for protein structure determination from limited NMR data (10–12), it has become possible to generate atomic resolution models of excited protein states (13–15).

RD NMR studies of protein folding have been particularly fruitful (5). One example is the wild-type FF domain from human HYPA/FBP11, referred to as FF_{1–71} in what follows (13, 14, 16–18). This domain was shown by Fersht and coworkers to fold via an on-pathway intermediate that forms rapidly on the microsecond timescale and rearranges into the native state within a few milliseconds (16, 17). Because the folding intermediate has a fractional equilibrium population of $\approx 3\%$ and a millisecond lifetime (25 °C), it cannot be directly observed in NMR spectra. Yet, its structure was recently elucidated using RD NMR (13, 14). The intermediate is remarkably well structured and can be thought of as representing an alternative, less favorable fold of the FF domain (13). Although native-like topology is preserved in this conformation, there are significant nonnative interactions that prevent formation of the C-terminal α -helix of the native four-helix bundle structure. These contacts must be broken prior to forming the native conformer, explaining why folding from the intermediate state is rate-limiting.

RD NMR-derived structures of folding intermediates open the way for designing rational strategies for their isolation (13). In this context, structural differences between intermediate and native states can be used to identify amino acids and/or regions of structure that contribute differently to the stabilities of these states. Through mutations and/or truncations the native state can be selectively destabilized so that the intermediate becomes the predominant conformation in solution. Such an approach led to the isolation of the FF domain folding intermediate (13). Here, truncation of 11 C-terminal residues that are partially disordered in the intermediate state, but form a stabilizing α -helix in the native protein, resulted in a stable variant, FF_{1–60}, with NMR spectra and folding kinetic profiles closely resembling those of the folding intermediate of FF_{1–71}. A similar approach has been employed in the isolation of folding intermediates of apo-cytochrome b₅₆₂ (19), engrailed homeo domain (20), and the Im7 protein (21), albeit using different strategies for mutant design.

Once isolated, folding intermediates can be further investigated by conventional biophysical techniques. In one such application they can be used to cross-validate RD NMR-derived structural models of the intermediate state, a topic of particular interest at present because RD-derived structures are only beginning to emerge. Notably, high-resolution NMR studies of a truncated variant, FF_{11–60}, that mimics the folding intermediate of the full-length domain have established the accuracy of the RD-based model (22). However, beyond cross-validation of

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Mimic of the Folding Intermediate Undergoes Slow Dimerization. We have carried out further NMR studies of FF₁₋₆₀ to understand the origin of the second set of correlations that have been observed in spectra in the hope that this would provide an avenue for further exploration of the FF domain energy landscape. The fact that separate sets of signals are observed for the *M* and *D* states of FF₁₋₆₀ indicates that the interconversion of these forms is slow on the NMR chemical shift timescale. Further quantification can be obtained by ¹⁵N longitudinal exchange measurements (24, 25), provided that the rate of interconversion is on the order of (or somewhat faster than) the spin-lattice relaxation rates of the backbone ¹⁵N probes that are exploited in the experiment (i.e., 1–2 per s). By recording the ¹⁵N chemical shift prior to a mixing period of duration *T*, the resulting correlation spectrum will contain four peaks per amide group: two autopeaks, *MM* and *DD*, at chemical shifts (ω_{NM} , ω_{HM}) and (ω_{ND} , ω_{HD}), originating from magnetization that is not transferred between states during *T*; and two exchange cross-peaks, *MD* and *DM*, at chemical shifts (ω_{NM} , ω_{HD}) and (ω_{ND} , ω_{HM}), derived from magnetization transferred between states during the mixing period (24, 25). Fig. 2*A* shows a region of the ¹H^N-¹⁵N exchange spectrum recorded on a 0.34 mM FF₁₋₆₀ sample (*T* = 0.34 s, 25 °C) with exchange cross-peaks connecting autopeaks of amide groups in states *M* and *D*, indicating that the two forms of FF₁₋₆₀ interconvert on the seconds timescale.

Fig. 2*B* shows the mixing time dependencies of auto- and cross-peak volumes for Ala34, with corresponding traces for Ser35 illustrated in Fig. S1. These were fit to a model of exchange,

$$f_M \xrightleftharpoons[k_{DM}]{k_{MD}} f_D,$$

where *f_M* and *f_D* are the fractional populations of states *M* and *D*, respectively, as described in detail by Tollinger et al. (25) and summarized in *SI Materials and Methods*. Although well-resolved autopeaks for over twenty residues of the *M* and *D* states are observed in ¹H^N-¹⁵N correlation spectra of FF₁₋₆₀, significantly fewer amide groups produce a set of four non-overlapped auto- and cross-peaks that are required to obtain robust estimates of *k_{MD}*, *k_{DM}*. These were obtained from fits of five complete sets of time profiles, with *k_{MD}* = 3.05 ± 0.95 s⁻¹ and *k_{DM}* = 2.16 ± 0.76 s⁻¹. In addition to the rates, per residue ¹⁵N *R*₁ values were also obtained (see below), with rates for the *D* state systematically smaller than for the *M* conformer that is a mimic of the folding intermediate.

Values of ¹⁵N *R*₁ and *R*₂ relaxation rates were measured (11.7 *T*, 25 °C) as described in *Materials and Methods* and plotted in Fig. 2*C* (circles). The primary source of motion leading to ¹⁵N relaxation is rotational diffusion of the molecule that can be described by a single rotational correlation time, τ_R , in the limit of isotropic rotation (τ_R is proportional to the molecular volume) (26). Relaxation rates for ¹⁵N are also sensitive to very rapid picosecond–nanosecond intramolecular motions of the H^N-N vector, while conformational exchange on the microsecond–millisecond timescale can lead to enhancement of ¹⁵N *R*₂ values (26). Systematic differences in ¹⁵N *R*₁ and *R*₂ rates of *M* (Fig. 2*C*, red

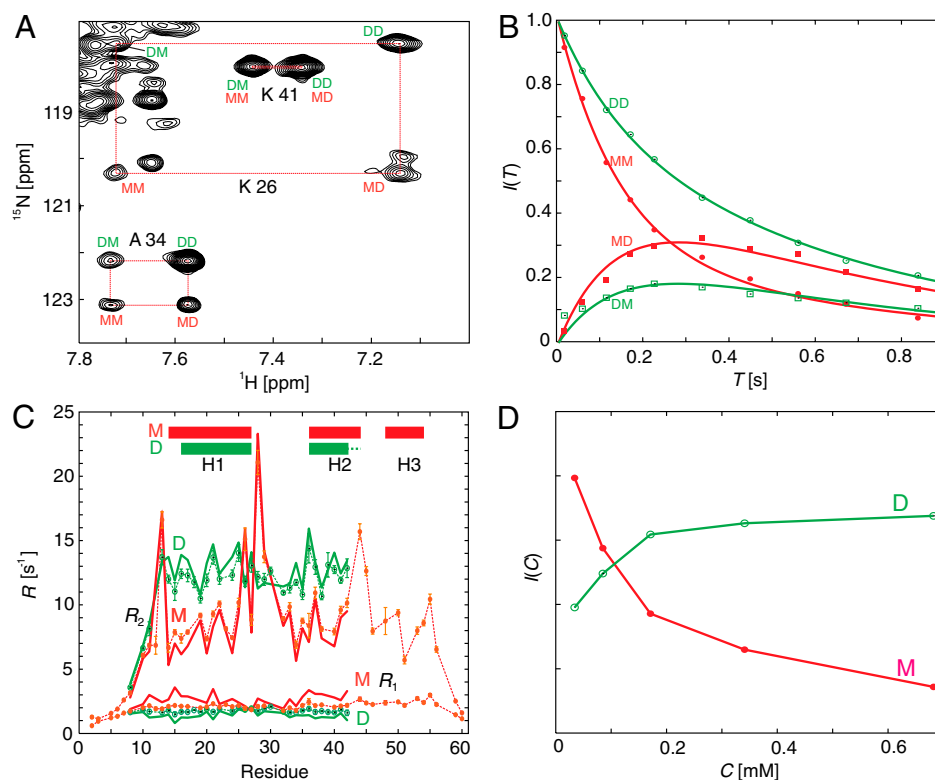


Fig. 2. (A) Selected region of a ¹H^N-¹⁵N magnetization exchange spectrum (24, 25) of 0.34 mM FF₁₋₆₀ recorded with a mixing time *T* = 0.34 s (11.7 *T*, 25 °C), showing two sets of autopeaks (*MM* and *DD*) connected by exchange cross-peaks (*MD* and *DM*) for Ala34. (B) Mixing time, *T*, dependencies of autopeak (circles) and exchange cross-peak (boxes) volumes for Ala34 from magnetization exchange experiments. The solid lines are generated from a least-squares fit of the exchange data for Ala34 to Eq. S2 in *SI Materials and Methods*, resulting in *k_{MD}* = 3.34 ± 0.17 s⁻¹ and *k_{DM}* = 1.97 ± 0.09 s⁻¹; averaging over five residues with a full set of four non-overlapped auto- and cross-peaks gives *k_{MD}* = 3.05 ± 0.95 s⁻¹ and *k_{DM}* = 2.16 ± 0.76 s⁻¹. (C) Apparent backbone ¹⁵N *R*₁ and *R*₂ relaxation rates as a function of residue for correlations derived from *M* (red circles) and *D* (green circles) states of FF₁₋₆₀ obtained by single-exponential fits of peak volumes in a series of two-dimensional ¹H^N-¹⁵N correlation spectra measured in conventional ¹⁵N *R*₁ and *R*_{1ρ} experiments (28, 29). As discussed in the text, the apparent ¹⁵N *R*₁ and *R*₂ rates are affected by slow exchange between *M* and *D* states; intrinsic relaxation rates (solid lines) are calculated using the procedure described in *SI Materials and Methods*. Secondary structural elements are indicated at the top of the panel. Helix H2 of state *D* may extend further than Met42 (denoted by dashed line after residue 42); however, correlations for Ile43 and beyond were missing in spectra of the dimeric form. (D) Cross-peak volumes for Ala34 measured from ¹H^N-¹⁵N HSQC spectra of FF₁₋₆₀ recorded as a function of protein concentration. The volumes are normalized by total protein concentration.

circles) and *D* (Fig. 2C, green circles) establish that molecules in these states tumble with different rates. The slower R_2 and faster R_1 rates for amide ^{15}N spins of the *M* state are in keeping with expectations for a smaller protein that tumbles with a faster overall rate. Note that several regions of the *M* state, including residues Thr13 (N-cap preceding helix H1), Lys26-Arg29 (end of H1, H1-H2 loop), and Ile44,Asn45 (end of H2, H2-H3 loop), have enhanced ^{15}N R_2 values, indicative of microsecond-millisecond conformational dynamics.

Values of τ_R can be calculated from ^{15}N R_2/R_1 ratios provided that (i) internal motions of the backbone $\text{H}^{\text{N}}\text{-N}$ vectors are in the extreme narrowing limit (typically less than tens of picoseconds) and/or significantly restricted, and (ii) there is no contribution to ^{15}N R_2 from conformational exchange (27). In principle, measured R_1 and R_2 decay curves are biexponential because they are contaminated by the interconversion process, with contributions from intrinsic relaxation rates in both of the exchanging states as well as from k_{MD} and k_{DM} (SI Materials and Methods). Intrinsic ^{15}N R_1 rates can be obtained from fits of the time dependencies of auto- and cross-peaks in the longitudinal exchange experiment (24, 25) (Fig. 2B); however, as described above, complete time profiles are available for only a small fraction of the residues. We have therefore extracted the intrinsic ^{15}N R_1 and R_2 rates (Fig. 2C, solid lines) from the apparent rates obtained from monoexponential fits of decay curves in conventional ^{15}N R_1 and $R_{1\rho}$ experiments (28, 29) using the correction procedure described in SI Materials and Methods. After applying the correction, ^{15}N R_2/R_1 ratios for residues 14 to 42 that belong to well-ordered regions of *M* and *D* were used to calculate τ_R for each of the two states, excluding residues with ^{15}N R_2/R_1 ratios outside ± 1 standard deviation from the mean. Values of 5.2 ± 1.2 ns and 10.8 ± 1.1 ns were obtained for states *M* and *D*, respectively, consistent with a slow interconversion between monomeric and dimeric forms of the FF₁₋₆₀ domain.

To obtain additional confirmation that the exchange equilibrium involves a monomer-dimer interconversion, we have carried out a dilution series whereby peak volumes in ^1H - ^{15}N HSQC spectra from the *M* and *D* states were measured as a function of protein concentration. As expected, peak volumes normalized to protein concentration, decrease for the monomer, and increase for the dimer as a function of concentration, as shown in Fig. 2D for Ala34 and Fig. S1 for Ser35. With the “players” involved in exchange now established, the pseudo-first-order rate constants k_{MD} and k_{DM} measured from fits of the magnetization exchange profiles described above can be recast in terms of the rates, k_{on} and k_{off} , corresponding to the dimerization, $2M \xrightleftharpoons[k_{\text{off}}]{k_{\text{on}}} D$.

Values of $k_{\text{on}} = 1.10 \pm 0.69 \cdot 10^4 \text{ M}^{-1} \text{ s}^{-1}$; $k_{\text{off}} = 2.16 \pm 1.52 \text{ s}^{-1}$ (see Materials and Methods), and a dissociation constant $K_d = 0.20 \pm 0.05 \text{ mM}$ are obtained. Note that the measured k_{on} rate is several orders of magnitude slower than that expected for diffusion-controlled protein association (30), approximately $10^6 \text{ M}^{-1} \text{ s}^{-1}$, suggesting a rate-limiting step for dimerization that involves at least some rearrangement of structure.

Structural Differences Between the Monomer and Dimer. Backbone NMR chemical shifts are very sensitive probes of local protein conformation (31). A comparison of such shifts between *M* and *D* states can therefore inform on the structural changes accompanying dimerization. Fig. 3A plots the cumulative change in the backbone $^1\text{H}^{\text{N}}$, ^{15}N , $^1\text{H}^{\alpha}$, $^{13}\text{C}^{\alpha}$, and $^{13}\text{C}^{\text{O}}$ chemical shifts (32), $\Delta\varpi'_{DM} = \sqrt{\frac{1}{N} \sum_i (\frac{\Delta\varpi_i}{\Delta\varpi_{\text{std},i}})^2}$, as a function of residue, where $\Delta\varpi_i$ is chemical shift difference between the monomeric and dimeric forms of FF₁₋₆₀, $\varpi_{\text{std},i}$ is a nucleus- and residue-specific normalization constant corresponding to one standard deviation of the chemical shift range listed in the BMRB database, N is the number of backbone chemical shifts available for a given residue,

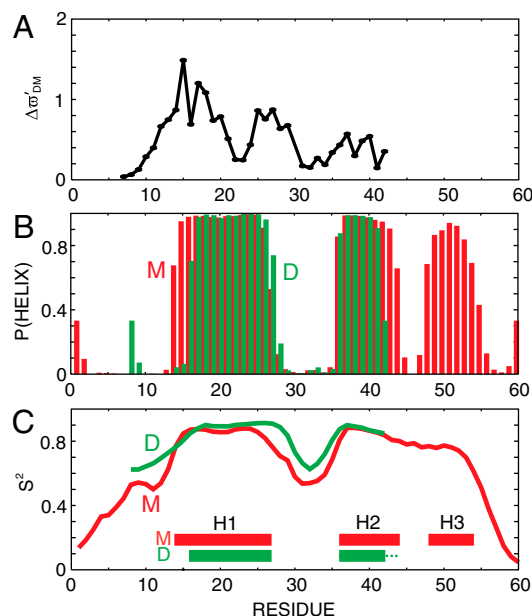


Fig. 3. (A) Backbone chemical shift differences between monomeric (M) and dimeric (D) forms of FF₁₋₆₀, $\Delta\varpi'_{DM}$, as described in the text. Values of $\Delta\varpi'_{DM}$ are shown for residues Thr8-Met42; the chemical shifts of the first seven residues are indistinguishable in the two forms, while those from the C terminus (residues Ile43-Gln60) are missing in NMR spectra of the dimer. (B) TALOS-plus predicted (33) α -helix probability, P (helix), plotted vs. residue for states *M* (red) and *D* (green, residues Thr8-Met42 only). (C) RCI-predicted (34, 35) order parameters, S^2 , for the backbone amide groups of *M* (red) and *D* (green).

and index i runs from 1 to N . Close to zero $\Delta\varpi'_{DM}$ values are expected in regions of the protein with little conformational change between the states. In contrast, a stretch of $\Delta\varpi'_{DM}$ values on the order of 1 or higher points to a structural rearrangement. It is clear from Fig. 3A that the largest chemical shift differences upon dimer formation are localized to a region that includes residues Glu15-Lys18 at the beginning of α -helix H1 of the monomeric form. Elevated $\Delta\varpi'_{DM}$ values are also observed for residues Leu25-Arg29 at the end of helix H1, with the H1-H2 loop and α -helix H2 displaying smaller chemical shift changes. We are unable to assess the extent of chemical shift changes at the end of α -helix H2, the H2-H3 loop, and for α -helix H3 of FF₁₋₆₀ because resonances from this region of the dimer are missing in NMR spectra.

Fig. 3B compares the secondary structures of the monomeric (red) and dimeric (green) (residues 8-42 only) forms of FF₁₋₆₀ predicted from measured backbone chemical shifts using the TALOS+ program (33). As expected, the monomer comprises three α -helices encompassing residues Lys14-Glu27 (H1), Trp36-Ile44 (H2), and Arg48-Lys54 (H3), closely matching the corresponding helix positions in the folding intermediate of the full-length domain. Similar secondary structure is predicted for Thr8-Met42 of the dimer, including helices H1 (Glu16-Glu27) and H2 (Trp36-Met42). It is noteworthy that α -helix H1 is shorter by two residues in the dimer, starting at Glu16 as opposed to Lys14. This is in line with the observation that Glu15, Ala17, and Lys18 have the largest backbone chemical shift changes upon dimer formation (Fig. 3A).

The backbone chemical shifts were also used to predict conformational flexibility of the two forms of FF₁₋₆₀ using the random coil index (RCI) approach (34, 35). RCI-based order parameters, S^2 , for the backbone amide groups of *M* (red) and *D* (green) are plotted vs. residue in Fig. 3C. Note that extreme S^2 values of 1 and 0 correspond to fully restricted and unconstrained internal

motion of the backbone H^N-N group, respectively. Values of S^2 for the monomeric form are nearly identical to those of I , obtained in a previous study (13). Interestingly, the dimeric form of FF₁₋₆₀ is even less flexible than the monomer. Although helix H1 in the dimer is shorter by two residues (at the N terminus), the region from Thr8-Glu16 proceeding H1 is more ordered in the dimer than in the monomer. Similarly, elevated S^2 values are observed at the end of helix H1 of the dimer (residues Leu25-Arg29), pointing to restricted mobility in this region as well. The RCI method is sensitive to a timescale ranging from picosecond–nanosecond to approximately hundreds of microseconds (35). Restricted mobility in this time window does not exclude the possibility of slower conformational dynamics on a microsecond–millisecond timescale; although reasonably high S^2 values are noted for Lys26-Arg29 and Ile44,Asn45 (>0.7), these residues do undergo slow conformational exchange as established by elevated ^{15}N R_2 rates (Fig. 2C).

Chemical shift changes between M and D states (Fig. 3A) and the S^2 vs. residue profile (Fig. 3C) provide a strong indication as to which regions of FF₁₋₆₀ might participate in dimer formation. The large $\Delta\omega'_{DM}$ values and higher-order parameters for residues N-terminal of helix H1 in the dimer relative to those in the monomer potentially point to this region as a site for dimerization that increases in order upon dimer formation. To test this hypothesis we have analyzed FF domain variants prepared with truncated C termini (residues Ala61-Lys71) and with varying truncations at the N terminus: FF₁₋₆₀, FF₇₋₆₀, FF₉₋₆₀, and FF₁₁₋₆₀ (the first residue in each of the constructs is mutated to Gly). For the first three variants (FF₁₋₆₀, FF₇₋₆₀, and FF₉₋₆₀), ^1H - ^{15}N HSQC spectra are very similar, with two sets of signals corresponding to states M and D of the protein, while only a single set of signals is observed in NMR spectra of FF₁₁₋₆₀ that belong to the monomeric form. We have previously determined the structure of FF₁₁₋₆₀ using a standard NOE-based approach, establishing that it is a very good structural mimic of the folding intermediate of the full-length domain (22). The finding that truncation of the N-terminal residues of the FF domain, and specifically elimination of Thr10 and Trp11, leads to a shift in the monomer-dimer equilibrium toward the monomer form suggests that these residues are responsible for stabilization of the dimer. It is likely that residues N-terminal to helix H1 also contribute to stability of the monomer because FF₁₁₋₆₀ is significantly more flexible than FF₁₋₆₀ based on lower RCI-derived S^2 values (22).

Concluding Remarks. The development of relaxation dispersion NMR spectroscopy (5, 6) opens the possibility for detailed structural studies of sparsely populated, transiently formed intermediates that have been recalcitrant to study using standard biophysical approaches. Key to the success of this method is that the invisible, excited state is probed via the visible, ground state that gives rise to high-quality spectra. The methodology is limited, however, to the study of states that interconvert on the millisecond timescale and to exchange reactions involving one or two excited conformers. Thus, only a small portion of the energy landscape can be explored. One approach to increasing the number of states accessible to study would be to perturb the ground state so that it is no longer populated. In so doing, a new ground state is formed (formerly a higher-energy state) that can then be used to probe further exchange events involving additional conformers using a variety of different NMR experiments that are sensitive to dynamics spanning a window of over 12 orders of magnitude (36). This is the strategy taken here. Atomic resolution structures of both the native state and a folding intermediate of FF₁₋₇₁, the latter determined by Carr–Purcell–Meiboom–Gill relaxation dispersion, have guided the design of a new ground state, FF₁₋₆₀, that corresponds to the intermediate structure. This new variant is used to further probe regions of the folding/unfolding landscape that would otherwise be hidden by the native state.

Here, we have demonstrated that FF₁₋₆₀ undergoes slow dimerization on the seconds timescale with a K_d of 0.2 mM, and with kinetics that are significantly slower than diffusion-limited. Further truncation mutations of FF₁₋₆₀ involving the amino terminus establish that dimerization proceeds through interactions involving the first 11 residues of the domain, in particular Thr10 and Trp11. Both monomer and dimer are relatively rigid on the picosecond–nanosecond to microsecond timescale and are significantly more dynamic on the slower microsecond–millisecond timescale, leading to exchange line broadening in NMR spectra. Notably, several regions of the monomer have enhanced ^{15}N R_2 rates, while resonances from the C-terminal region of the dimer are missing in NMR spectra, presumably due to microsecond–millisecond exchange with additional conformational states.

The observed monomer-dimer equilibrium and microsecond–millisecond dynamics of FF₁₋₆₀ are consistent with the FF domain folding intermediate serving as a branch point leading to either folding to the native conformation or formation of further misfolded states. Although we have no direct evidence that the dimeric form of FF₁₁₋₆₀ further aggregates to form higher oligomeric species, the fact that the C-terminal third of the dimer cannot be observed in NMR spectra strongly suggests that this region of the protein samples additional conformational states. In this regard it is of interest to note that in many of the systems studied to date for which models of aggregation/fibrillation have been obtained, the first step is dimerization, followed by rearrangements to accommodate higher-order oligomerization (3). One such example involves β 2-microglobulin that forms fibrils in dialysis-related amyloidosis (37). The mechanism for the assembly of such fibrils involves the interconversion of the native conformation of the protein to one that is native-like, N^* , by Cu^{2+} that is present at high concentrations in hemodialysate. N^* then forms dimers that subsequently assemble into fibrils. Partially unfolded or misfolded conformers that form via thermal fluctuations from the ground state are thought to be implicated in a number of aggregation-related diseases (1–3). The approach presented here provides a way of characterizing such states. The finding that a sparsely populated intermediate of the FF domain folding pathway can initiate dimerization and the characterization of the resultant nonnative dimeric state is an important step toward unraveling the role of folding intermediates in both protein folding and misfolding pathways.

Materials and Methods

Protein Samples. Uniformly ^{15}N - and $^{15}\text{N}/^{13}\text{C}$ -labeled samples of truncated variants of the first FF domain from HYP/BBP11 were produced as described previously (13, 17). The plasmid encoding FF₁₋₆₀ (residues 1–60) was obtained using the QuikChange protocol (Stratagene) by introducing a stop codon after position 60 in the gene encoding the full-length domain cloned into a modified pRSET vector (13). The plasmids for FF domain variants with truncated N termini, FF₇₋₆₀, FF₉₋₆₀, and FF₁₁₋₆₀, were produced from a plasmid encoding FF₁₋₆₀ as described elsewhere (22). All NMR experiments were performed on samples with protein concentrations of approximately 0.3 mM, 50 mM sodium acetate, 100 mM NaCl, pH = 4.9, 25 °C.

Backbone Resonance Assignment. The backbone ^{15}N , ^1H , $^{13}\text{C}^\alpha$, $^1\text{H}^\alpha$, and $^{13}\text{C}^\beta$ resonance assignments for the M and D states of $^{15}\text{N}/^{13}\text{C}$ -labeled FF₁₋₆₀ were obtained using a standard set of triple-resonance NMR experiments (38) as described previously (13). All data were recorded on a Varian Inova spectrometer, 11.7 T, 25 °C.

Magnetization-Exchange Measurements. Nitrogen-15 longitudinal exchange experiments (24, 25) were recorded on a 0.34 mM FF₁₋₆₀ sample, 14.0 T, 25 °C. A series of 10 two-dimensional ^1H - ^{15}N correlation spectra was measured with mixing times T for relaxation and exchange of ^{15}N longitudinal magnetization ranging from 0.014 to 0.84 s. Volumes of auto- and exchange cross-peaks were quantified for five residues (Glu15, Ala17, Phe21, Ala34, and Ser35) for which well-resolved correlations (corresponding to MM , DD , MD , and DM peaks; see text) were obtained. The extracted first-order rate constants, k_{MD} and k_{DM} , were used to calculate k_{on} and k_{off} according

to $k_{on} = [k_{MD}(k_{MD} + k_{DM})]/[2k_{DM}P_0]$, $k_{off} = k_{DM}$, where P_0 denotes the total protein concentration. The dimer dissociation constant K_d was calculated as k_{off}/k_{on} . Analysis of data is as described in *SI Materials and Methods*.

Nitrogen-15 Relaxation Measurements. Measurements for ^{15}N R_1 and $R_{1\rho}$ were performed on a 0.32 mM FF₁₋₆₀ sample, 11.7 T, 25 °C, as described previously (28, 29). The apparent rotating-frame $R_{1\rho}$ and transverse R_2 relaxation rates were obtained by single exponential fits of peak volumes in a series of two-dimensional ^1H - ^{15}N correlation spectra measured as a function of relaxation delay T . Transverse relaxation rates R_2 were calculated from R_1 and $R_{1\rho}$ using the equation $R_{1\rho} = R_1 \cos^2 \theta + R_2 \sin^2 \theta$, where $\theta = \arctan(\omega_{SL}/\Delta\omega)$, $\Delta\omega$ is the resonance offset from the spin-lock carrier, and ω_{SL} is the spin-lock field strength in the ^{15}N $R_{1\rho}$ experiments ($\omega_{SL} = 1.82$ KHz). Intrinsic relaxa-

tion rates were calculated from the apparent R_1 and R_2 values as described in *SI Materials and Methods*.

Dilution Series. The ^1H - ^{15}N HSQC spectra of FF₁₋₆₀ were recorded as a function of protein concentration ranging from 0.68 to 0.034 mM. Volumes of non-overlapped peaks corresponding to M and D forms of FF₁₋₆₀ were quantified and normalized to the total protein concentration.

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